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## List of research paper published per teacher.

SR. NO.	TITLE OF THE PAPER	NAME OF THE AUTHOR	DEPARTMENT	NAME OF JOURNAL	YEAR OF PUBLICATION	ISSN NUMBER	Link of the recognition in UGC enlistment of the Journal	Name of the indexing Database
1	Role of Homoeopathy. In the management of enteric fever in paediatrics.	Dr. Shakir Deshmukh	Repertory	Aphorismi	2018	2456-6047		
2	Potenay selection an art	Dr. Shakir Deshmukh	Repertory	Aphorismi	2021	2456-6047		
3	Marvellous Effects of Homoeopathy Management of Headache – Case Report	Dr. BBH	FMT	JMPI	April 2022	2347 - 8136		
4	Corns with Homoeopathy Management	Dr. BBH	FMT	JMPI	April 2022	2347-8136		
5	Utility of LM potency in day to day Practice in Homoeopathy.	Dr. Rizwan Ahmed Ismail	Pharmacy	International Journal of Research Pub & review	Nov - 2022	2582-7421		
6	Effectiveness of Calendule mother fincture in Injury.	Dr. Rizwan Ahmed Ismail	Pharmacy	JOURNAL International Journal of Research Pub& Review	Nov- 2022	2582-7421		
7	Efficacy of Homoeopathy prescription in Haemorrhagic complaints	Dr. Shaikh Rizwan Ahmed Ismail.	Pharmacy	JOURNAL International Journal of Research Pub& Review	Nov- 2022	2582-7421		



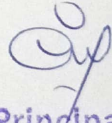
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8	Homoeopathy & Ankylosing Spondylitis	Dr. Rizwan Ahmed Ismail.	Pharmacy	New Life Era.	March-2023	2320-4125		
9	Homoeopathic Approach in Allergic Rhinitis	DR. BBH	FMT	New Life Era Journal	April 2023	2320-4125		
10	Acne Vulgaris Homoeopathy Approach.	Dr. Sabale Darshani	FMT	New Life Era.	July 2023	2320-4125		
11	Efficacy of Homoeopathy in Acute Tonsillitis	Dr. Munazza Shaikh	Medicine	New Life Era.	Aug 2023	2320-4125		
12	Scope of Homoeopathic Management in Endometriosis	Dr. Rekha Naik	Repertory	New Life Era.	Aug 2023	2320-4125		
13	Plantan Keratoderma A journey to cure	Dr. Shakir Deshmukh	Repertory	New Life Era.	2023	2320-4125		
14	Homoeopathic management of Urinary stones disease with rare disease	Dr. Shakir Deshmukh	Repertory	New Life Era.	April 2023	2320-4125		
15	Understanding Hyper hydrosis & Homoeopathic medicine.	Dr. Shakir Deshmukh	Repertory	New Life Era.	July 2023	2320-4125		



  
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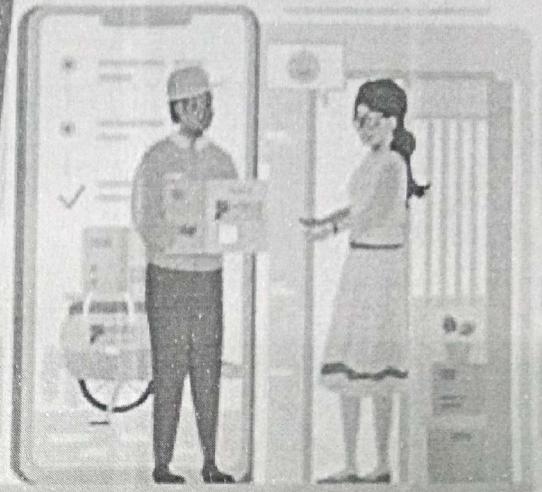
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## Art of Prescribing



Dr. L.M. Khan

**Case:** Age 7 years age of girl having too much glandular enlargement around axilla, very sensitive to cold patient is very attractive and is much concern about her family and relative. Patient having h/o tonsillitis, Prefer to wear fine and attractive clothes very classy. Baryta carb was given in low potency upto 7 months by increasing its potency. Improvement was noticed but patient having small still. Then in consecutive potency was given 30 to 120 in frequent interval but response was not attractive. Then calcicovin 200's dose was given then improvement start very fast and continued with placebo for 1 month. Result Positive.

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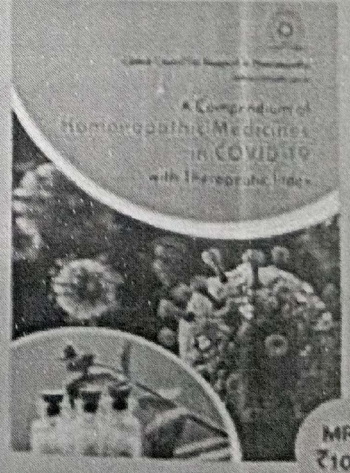
**सम्पादकीय**

प्रिय पाठकों, आप सबसे स्वच्छता दिवस की बहुत-बहुत शुभकामनाएं। जगत् माह बहुत सारे स्वच्छता के कार्यक्रम लेकर आया है, जहां माई-बहन के घर का स्वच्छता बहुत बढ़ी, कृपया जी के सम्पादक पर नज़र डालने वाला स्वच्छता जन्माष्टमी। आप सबसे स्वच्छता की बहुत-बहुत शुभकामनाएं। जगत्, अपने न्यू लाइफ़ ईरा में इस माह स्वच्छता के 14 वर्ष पूर्ण करने लिये हैं। ये सब आप सभी का साथ है जो स्वच्छता-दिवस मिलाएंगे जो रहा है। इसी तरह इस माह को जगाए रखें। स्वच्छता के माध्यम से बहुत-बहुत स्वच्छता हो सकती है, स्वच्छता और स्वच्छता बहुत ही एक जगत् व्याप्त रखें। बीमारियों से बचने के लिए स्वच्छता दिवसों का उपयोग करें।

डॉ. एम. जकारिया, प्रधान सम्पादक, न्यू लाइफ़ ईरा

A COMPENDIUM OF  
**HOMOEOPATHIC MEDICINES  
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# Efficacy of Homoeopathy in Acute Tonsillitis



Dr. Munazza Shaikh

**Abstract-**It is inflammation as infection of tonsils is medically termed as tonsillitis. This actively reviews the evolution & homoeopathic management of the patient with Acute tonsillitis.

Summarise the importance of Homeopathic physician in Caring for and Counselling with patient of acute tonsillitis. (6)

**Keywords-** Acute tonsillitis, infection, inflammation, homoeopathy.

**Introduction-** Inflammation and infection of the tonsils is medically termed as tonsillitis. Tonsils are protective gland that are situated on both side in the throat. The tonsils constitute an important part of the body's immune system. (2)

**Pathophysiology-** When the tonsils get inflamed. They become red, swollen & may develop pockets that start excreting a discharge. In case with recurrent infection the tonsils may

become severely swollen over a period of time. Tonsillitis is common amongst children (01)

**Etiology-** Bacterial & Viral infections can cause tonsillitis through droplet infection.

• A common cause is streptococcus bacteria.

• Extremely cold climate, Damp weather.

• Cold foods, cold drinks, ice creams.

• Sour fruits, lemon, pineapple, grapes, oranges. (7)

**Clinical Manifestations-** • Soreness of throat

• Difficulty in swallowing food and drinks

• Change in voice. • Pain in the ear, • Headache

• Red and swollen tonsils, • Cough, • Running

Nose, • Malaise, tiredness.

• Enlarged lymph nodes in neck region. [2]

**Investigation-**

• **Throat Swab-** This is used to get sample of the secretion from back of the throat.

• **Blood Test-** This primarily includes a complete blood count which is done to confirm the presence of infection.

• **Monospot Test-** A blood test can detect

certain antibodies. (1)

**Homoeopathic Management-**

• **Baryta Carb-** Children prone to catching the cold & therefore suffering from repeated episodes of tonsillitis. It reduced the swelling, inflammation and throat pain. (5)

• **Belladonna-** Due to its anti-inflammatory property it can cure all type of tonsillitis. The tonsils inflamed due to exposure to cold air, chilled drinks. (3)

• **Calcarea Carb-** Calcarea Carb has tendency to catch cold with slight change in water. (5)

• **Merc Sol-** There is marked burning and smarting pain in the throat. The pain radiates from throat to ear. (3)

• **Heparsulph-** Heparsulph is best for peritonsillar abscess with stitching pain in throat with a sensation of throne in the throat (3)

• **Lachesis-** Tonsillitis start in the left tonsils and shift to the right tonsil. Difficulty in swallowing liquid. (5)

• **Lycopodium-** Tonsillitis start in right side and

shifts to left side. Ulcer are present on the tonsils. (4)

• **Arsenicum album-** Increased thirst & restlessness present along with inflamed tonsils. Tonsils get inflamed due to exposure to cold. (5)

• **Phytolacca-** The tonsils swollen as well as excessive pain at the root of the tongue. While swallowing food there is excessive pain as well as burning sensation. (5)

• **Tuberculinum-** Enlarged tonsils, dry hard cough during sleep. Expectoration thick, cheesy and profuse. (4)

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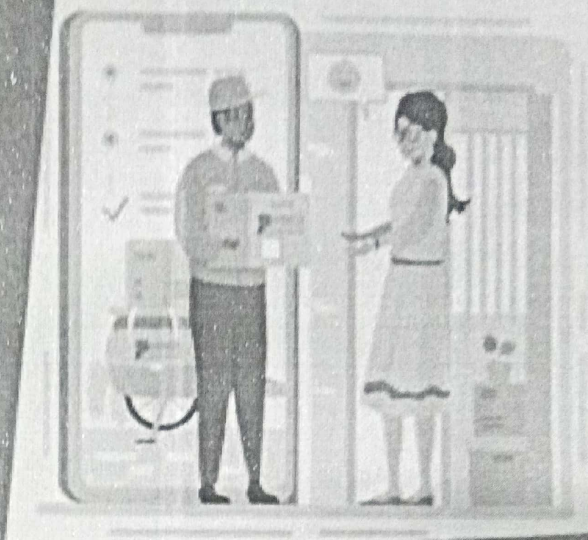
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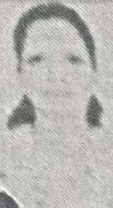
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Dr. Rekha Naik

# Scope of Homeopathic Management in Endometriosis

**Abstract**-Endometriosis is a disease of contrast. It's a benign condition, but malignancy transform possible. Cyclic hormones stimulate growth but continuous hormones suppress it. Homeo prime role in providing the healthy existence in both physical and mental plane without any and can come across in women who is exposed to Endometriosis.

**Keywords**-Endometriosis, homoeopathy, ovaries, uterus, abdomen.

**Introduction**-Endometriosis is presence of functioning of endometrium in sites other than uterine mucosa Ectopic endometrial tissues found in myometrium called as Endometriosis interna or Adenomyosis. Tissues found at sites other than Uterus is called as Endometriosis externa or Endometriosis. It is a condition where cells are similar to endometrium layer of tissues that cover inside the uterus, grows outside it. Most often seen on ovaries, fallopian tubes & tissues around uterus & ovaries. Incidence is of an average of 10% while highest is seen in infertile women of an around 30-40%. There are 2 types of sites a) Common sites: Ovaries Pelvic peritoneum, Pouch of Douglas, Uterosacral ligaments, Rectovaginal septum, sigmoid colon, Appendix, Pelvic lymph nodes, fallopian tubes. B) Remote: Umbilic, scar, Episotomy, Lungs, Pleura, Ureter, Kidney, Arms, Nasal mucosa.

**Risk Factor**-Daughters or Sisters of endometriosis are at higher risk.

- Delayed child bearing, •Genital Obstruction
- Women with affected 1<sup>st</sup> degree relative
- Environmental toxins
- Prolonged exposure of oestrogen.

**Clinical Features**-•Dysmenorrhoea, Dyspareunia, Dyschezia, Dysuria

- Deep seated pain back and rectum
- Menorrhagia, •Chronic pelvic pain
- Abdominal pain, •Chronic fatigueness
- Haemoptysis.

**Investigation**-**Physical Examination**-Pelvic examination -the physician check for any kind of lump change in size of organs like vagina, uterus, rectum and bladder.

•**Transvaginal Ultrasound**-A instrument is inserted in womens vagina and A high sound frequency wave is passed to obtain a wave pattern to produce a clear picture of the disease if present.

•**Laparoscopy**-A scope is been inserted into endometrium to check for any presence of endometrial tissue growing outside the uterus.

**Complications**-•**Endocripathy**-This may responsible for infertility. •**Rupture of chocolate cysts**, •**Infection of chocolate cysts**.

•**Obstructive features**- Intestinal obstruction, Ureteral obstruction-renal failure.

•**Malignancy** is rare.

**Homoeopathic Management**-Homoeopathy is the best system of medicine in treating Endometriosis. It doesn't have any side effects it promotes health in general. Following are some of the medicines prescribed for Endometriosis.

•**Palsatillanigricans**-Useful in treating endometriosis. Endometriosis in young age. Hot patient, Scanty menses Delayed menses. Delayed menarche, Desire for fatty food meat intolerance to oily food. Aggravation by lying before menses, during menses, Amm by discharges, slow gentle motion

•**Sepla**-This remedy is helpful in woman whose periods are late and scanty, burning and soreness is but heavy and flooding when early. Her pelvic organs feel weak and sagging, craving for vinegar or sour foods. Women who need this remedy are usually indifferent with

an irritable, detachment regarding family members and a dows of interest in daily tasks Exercise, especially dancing, can brighten up her mood and improves her energy.

•**Cale Carb-II** is a useful remedy during Endometriosis for pale, fat flabby, relaxed and chilly patients tired by overwork Excessive pains during menses. Menses too early too profuse, too long lasting with subsequent anaemia. Head and neck will be having more perspirations worse during sleep. Metrorhagia and uterine fibroids with marked uterine hemorrhages.

•**Lachesis**-It is an important remedy for endometriosis Haemorrhages, Fainting Weakness, Melancholy Periods profuse. Generally worse before menses, and pams and mood better once the flow starts. Hot flushes, with headaches, palpitations and hot sweats Headaches, beginning at the back and passing over to the front of the head with burning sensations. Sensitive to touch. Nausea, diarrhoea or haemorrhoids. The len ovary is painful and swollen, & there may be prolapsed uterus. They generally feel worse in mornings, can't tolerate heat and are hypersensitive to tight clothing around neck or waist.

•**Cimicifuga**-Indicated remedy in Endometriosis with pain during periods. Its indicated in case of severe, bearing down pain in the lower abdomen, uterine region and back during menses. More the flow more the pain Sharp electric shock like pains may be seen in various parts of body Sour eructations, loud belching.

•**Sabina**-Indicated remedy for Endometriosis when colicky of labour like pains appear in pelvis. Marked pain in back and sacrum, pubis. Menses are profuse, partly fluid and part clotted Menstrual bleeding is bright and contains clots as well as fluids.

•**Platina**-Indicated remedy in endometriosis. Feeling exhaustion and forsaken, there can be feeling of contempt for others. There is violent cramping dark bleed, often bearing down pain burning and soreness usually with marked sexual desire.

•**Xanthophyllum**-Great remedy for Endometriosis. Periods are very painful with pain that can radiate into back, thighs and legs. Menstrual bleed is excessive and exhausting with bearing down pain Profuse mense exhaustion. Very effective remedy in periods which are painful.

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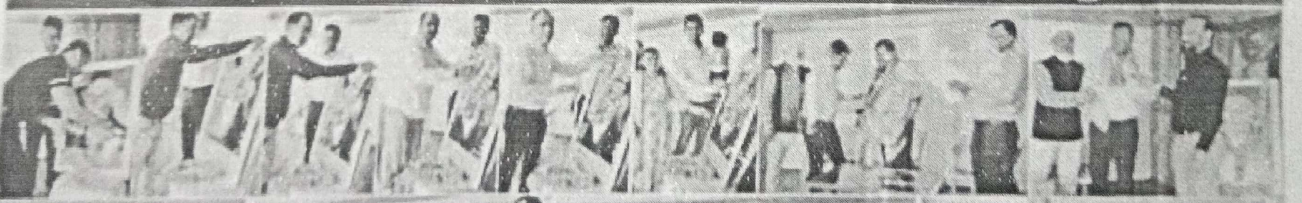
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# Understanding Hyperhidrosis and Homoeopathic Medicine

Dr. Shakir Abdul Shakir Deshmukhi

**Abstract-**Hyperhidrosis is characterized by abnormally increased sweating due to central dysregulation of sweat secretion. Although sweating is normal physiological mechanism which maintains the body temperature but excessive sweating may affect the life of individual emotionally and at professional level also. Hyperhidrosis may be triggered by emotion, fear, anxiety and gustatory stimuli. In this article we would look some Homoeopathic remedies which can be used for management of hyperhidrosis. [1][2]

**Introduction-**The hallmark features of hyperhidrosis is profuse sweating. Hyperhidrosis usually affects the 0.6-1.0 percent population with unknown etiology though genetic component is involved. It usually affects the age group below 25 yr. and improves with age. Hyperhidrosis may also leads to social embarrassment of individual has affecting individual professional & social life. Gustatory hyperhidrosis is due to smell of food and drink & sweat mostly present on face, scalp. Hyperhidrosis may also triggered by motion, anxiety fear and stress. [1][2]

**Keywords-**Hyperhidrosis, focal, generalized, emotional, gustatory.

**Types of Hyperhidrosis-**Mainly 2 types of hyperhidrosis is seen clinically focal & generalized. Focal is related to excessive sweating on specific part whereas generalized hyperhidrosis is present with increased sweating over the body. Additionally hyperhidrosis is classified into primary & secondary type. Primary hyperhidrosis is idiopathic & secondary hyperhidrosis involves regional or symmetrical sweating [2][3]

**Causes of Hyperhidrosis-**Though etiology of hyperhidrosis is not clear here are some factors which can lead to hyperhidrosis.

**Focal Hyperhidrosis-Commonly Result From-**

- Emotional stress, • Spinal cord injury.
  - Heat, • Certain foods and odors including citric acid coffee and chocolate [3][4].
- Generalized Hyperhidrosis-Commonly Result From-**
- Dysautonomia, • Heat, humidity and exercise, • Infection such as tuberculosis.
  - Malignancies such as Hodgkin disease.
  - Menopause, • Severe psychological stress.
  - Antidepressants drugs.

• Metabolic disease and disorder including hyperthyroidism, diabetes, hypoglycemia and pheochromocytoma. [3][4]

**Clinical Features-**The main symptoms of hyperhidrosis is excessive sweating. Sweating may be generalized or focal

- Sweating may be present in specific part of body in focal hyperhidrosis
- Sweating may be present all over the body in generalized hyperhidrosis.
- Sweating may be also present over face & scalp specially in gustatory hyperhidrosis. [2][3][4]

**Investigation-**Following are the investigation needed to carry out to confirm the diagnosis

- Blood test, • Urine test, • TSH estimation
- Mantoux test to exclude tuberculosis
- HSL to rule out hypoglycemia, • Sweat test: Moisture sensitive powder indicate the presence of heavy sweating. [3][4][5].

**Complications-**• Skin infection, • Social and emotional effects [4]

**Homoeopathic Remedies For Hyperhidrosis-**There is no permanent cure for hyperhidrosis in modern medicine but homoeopathy can be used for management of

such cases very effectively if remedies are prescribed on basis of totality of symptoms.

• **Tuberculinum**-Tuberculinum is one of the indicated remedy for hyperhidrosis. The characteristics features of this remedy is excessive cold sweating. Generally the patient is weak with light complexion. It acts even better if there is history of tuberculosis in patients or his blood relations. There is increased sensitivity to cold [6]

• **Spigelia**-This remedy is indicated when nature of sweat is cold and sticky. The patient is extremely sensitive to touch and cold. Anaemia is commonly seen as concomitant with hyperhidrosis in spigelia [6][5]

• **Calcarea Carb**-This remedy is indicated when there is excessive sweating on exertion. There is increased sweating on scalp while sleeping. It is more commonly indicated in obese patients. [7][5]

• **Silicea**-Silicea is one of the top most remedy for both focal and generalized hyperhidrosis. There is increased sweating on palms, sole and axillary region. The hand and feet are extremely cold to touch. There is intense craving for heat [7][6]

• **Baryta Carb**-Baryta carb is also one of the indicated remedy for hyperhidrosis. There is increased sweating over foot with marked offensiveness. Lower extremities are cold to touch and it's more commonly indicated in scrofulous diathesis personality. [5][8]

• **Psorinum**-Psorinum is one of top most remedy for generalized hyperhidrosis. The hallmark features of this remedy is marked offensiveness of sweat. There's also sweating all over body and patient is extremely chilly can't tolerate cold air even in hot weather [7][8]

• **Sulphur**-Sulphur is also one of the best remedy for hyperhidrosis which is general in nature. There's sweat all over the body with marked offensiveness. The differentiating feature of sulphur when compared to psorinum is it's thermal relation. Sulphur is extremely hot [6][7].

• **Mere Sol-Mere sol** is also one of the indicated remedy for generalized hyperhidrosis which occurs especially at night. The sweat is offensive and sour in nature. There is increased thirst with marked salivation. [5][8]

• **Jaborandi**-It is also excellent remedy for hyperhidrosis. There is profuse sweating on face and head extending to all over the body. The patient may also experienced vomiting, sour mucous [6]

• **Thuja**-Thuja is also one of the excellent remedy for hyperhidrosis. The nature of sweat is like honey. Profuse sweating over uncovered part is hallmark features of this remedy. Sweat only and only one side of body [8]

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# Acne Vulgaris - A Homeopathic Approach



**Abstract:** Teenage years are affected with beauty anxiety or even minor pimple this can cause stress. However, is a time of hormonal changes, boosts sebaceous gland secretion. If pores are clogged, they may leave lasting marks. There are several cosmetic treatments available in the market for acne, and they will provide temporary relief to the person.

**Inflammation:** This is the most common form of acne, usually affects people from puberty to early adulthood. Acne vulgaris or a blackhead is a condition of excessive sebum secretion, which cannot escape out from the hair follicles leading to different grades of inflammation.

**Reduction:** It's also known as blackheads, whiteheads, pimples, or zits. Hair follicles are linked to oil glands, often known as sebaceous glands. Sebum is generally secreted down the hair shafts through skin pores. When your body creates an abundance of sebum, it accumulates in the follicle and, when combined with dead skin cells, forms a soft clog. When a clogged pore becomes infected with bacteria, inflammation occurs, causing the follicle wall to bulge out, resulting in acne or pimples. Acne is extremely common in children aged 12 to 28 years. However, it can happen at any age. Acne is not affected by age. It can occur at any age and in either sexes. It is divided into two categories.

**Non-inflammatory Acne:** Non-inflammatory acne is characterized by blackheads & whiteheads. Normally, these do not cause swelling.

**Inflammatory Acne:** Papules, Pustules, Nodules, Cysts.

**Blackheads:** They are black and appear on the skin's surface. When a pore is clogged by a combination of sebum and dead skin cells, blackheads form.

**Whitehead:** It is a type of minor acne which develops on the skin's surface as small, white pimples. On the surface, it seems like a whitehead can appear anywhere on the

body, including the face, shoulders, neck, chest, & back.

**Papules:** Tiny lumps on skin.

**Pustules:** Pustules are similar to papules, they are visible on the skin's surface. They are red at the base and have pus at the top. Giving them a whitish or yellowish appearance, they are uncomfortable to touch. When it comes to pustules, you should wait until a whitehead is apparent before treating them.

**Cysts:** Cysts can form when pores become clogged by a mix of bacteria, sebum, and dead skin cells. However, these blocks lie deeper within the skin and below the surface than nodules. They are larger than nodules and have a cystic appearance. They are painful and pus-filled. Scars can be caused by cysts. Acne is a skin disorder caused by a combination of factors such as hormones, food, climate, an irregular lifestyle, and stress.

**Homeopathic Medicine-**

•**Calcaria Sulphuricum**-Is a very good remedy for the people who have predisposition to develop pus in pimple. The individual may have a lower Tolerance for heat than for cold. Acne can be big, inflammatory, red, and painful, and it can leave scars. It is one of twelve tissue treatments utilised in both homeopathy and Biochemistry.

•**Sulphur**-People who are unclean, and unhygienic, Pustules, pimply eruption Dry, scaly, and unhealthy skin, itching, and burning; worse scratching And washing; and skin affection after local medicine.

•**Silica**-A miracle drug derived from sand. This remedy prescribed for people who have acne with pus production decreases after a few doses of this medicine. The individual is susceptible to chilly air, breeze, and water. Infected patches are sluggish to manifest and disappear, which may result in scarring. A person who need this cure is normally cold, yet tends to sweat at night. Lean and slim physical structure, keen mind. Yet shy demeanour, intelligent but insecure. His or her belief system is somewhat strong-headed.

•**Dulcamara**-This plant-based treatment.

Acne may be present, as well as an allergic rash on the face. Remember Dulcamara when the weather change.

•**Pulsatilla**-It is a best remedy for young age people especially when acne appears near menstrual period. The individual usually has a fair complexion and is prone to soft emotions and moodiness, feeling worse in warm or stuffy.

•**Kali Brom**-Acnes are hardened in character. Scars that remain after the acne heals up. Suitable to obese, younger person. The individual is uneasy, depressed, and depressed in nature. The despair is mixed with anxiousness, and he feels as if he is going insane. The person has restlessness and lack of sleep at night as a result of concern or grief caused by the loss of a job, a business, property, or reputation, among other things.

**Auxiliary Management**-Maintain a Healthy Lifestyle: The primary components that everyone should follow are daily physical activity, eating healthy foods, drinking enough of water, yoga, and Meditation. 6-8 hours of sleep per night - Sleep deprivation raises the Danger of psychological stress. Stress causes a rise in Glucocorticoid production, which can cause irregularities in Skin structure and function, exacerbating your acne.

**Daily Exercise**-Daily exercise can help reduce stress, which can contribute to acne problems. Physical activity on a daily basis also helps to boost blood flow to your skin, which offers more oxygen to your skin cells and transports cell waste away. Showering after exercise is essential since sweat from activity can irritate your skin.

**Drink More Water**-Drinking extra water is an excellent approach to flush out impurities and hydrate your skin from within.

•Increase your intake of omega-3 fatty acids.

•Avoid touching your face.

•When conversing on the phone, keep it away from your face because it is likely to collect sebum & skin residue. Wash your hands frequently, especially before applying Lotions, creams, or makeup.

•If you have acne on your back, shoulders, or chest, wear loose clothing and avoid tight apparel such as caps, headbands, and scarves. If you use them, make sure to wash them on a regular basis.

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# Homeopathic Approach in Allergic Rhinitis



Dr. Rajesh Kumar  
Homeopath

**Abstract-** Allergic Rhinitis is a disease in which there is an inflammation of nasal mucosa which is caused due to an allergen. The Common symptoms are runny nose watery eyes, sore throat, sneezing, homeopathy plays an important role in allergic rhinitis.

**Introduction-** Allergic Rhinitis is defined as inflammation of nasal mucosa caused by an allergen. It is a common condition that produces an allergic reaction and pollen is the common allergen in all.

## It has 2 Clinical Types-

**1) Seasonal-** In this type the symptoms are seen in or around the particular seasons.

**2) Perennial-** In this type symptoms are present throughout the year.<sup>1,6</sup>

**Etiology-Inhalant Allergens-** The seasonal allergens are pollen from the trees, grasses, etc and the perennial allergens includes molds, cat and dog dander, dust mites, cockroach, etc other likes dust, insect parts etc.

**Genetic Predisposition, Age & Rediposition-** The chance of childrens allergic are upto 20 to 47%. If both parents have an allergy.

**Psychological, Infection Sex, Air Pollution**

**Clinical Feature-** The main feature or the symptoms of seasonal nasal allergy is paroxysmal sneezing about 10-20 sneezes at a time.

- Watery discharge from nose.
- Itching of nose, eyes, pharynx, palate etc.
- The symptoms of perennial allergy are not so severe as compare to seasonal type.
- Frequent cold, stuffy nose, loss of sense of smell.
- Chronic cough with hearing impairment.
- The main symptoms of allergic rhinitis is (allergic rhinitis)- Immediate blackline across the middle of dorsum of nose due to constant upwdrabbing of nose stimulating a salivary gland.

**Complications-** Recurrent Sinusitis, Nasal polyp, Serosus otitis media, Allergic bronchial asthma, Loss of hearing.<sup>7,8,9</sup>

**Investigations-Total Differential Count-** Peripheral eosinophilia. May be seen in inconsistent finding.

**Nasal Smear-** Nasal smear shows large number of eosinophils in allergic rhinitis condition.

**Skin Test - (a) Skin Prick Test-** This test is a good method to demonstrate an allergen. A positive reaction is manifested by an formation of central wheal and surrounding of erythema within 10-15 min.

**(b) Specific Ige measurements**

**Radio Allergy Sorbent Test-** It measures specific Ige antibody concentration.

**Nasal provocation Test**<sup>10,9</sup>

**Homeopathic Management-**

- **Avia** - Racemosa - Dry cough comes after first sleep until midnight. The symptoms worse about 11 pm asthma on lying down and frequent sneezing.<sup>19,1</sup>
- **Squilla Maritima** - There is a frequent coryza, margins of nostrils feel sore. Sneezing is associated with coughing, child rubs face during cough, violent furious exhausting cough with mucous.<sup>19,1</sup>
- **Kali Bich** - Profuse yellow expectorations, very glutinous and sticky coming out in large stringy and very tenacious mass. Worse when undressing better from heat.<sup>19,1</sup>
- **Sabadilla** - Spasmodic sneezing with runny nose, coryza with severe frontal pain and redness of eyes and lachrymation. Copious watery nasal discharge.<sup>19,1</sup>
- **Pulsatilla** - Coryza stoppage of right nostril, pressing pain at root of nose, loss of smell, large green foetid scales in nose, worse from heat and better from open air.<sup>19,1</sup>
- **Kali Iod** - Sneezing, Crying colds, Sneezing aggravated in every morning, rising on bed, the

profuse discharge and the coryza is very profuse, hot, thin, watery, acid coryza pain in frontal sinus. Triphosphet.<sup>19,1</sup>

**Sinapis Nigra** - Dry nuxes & pharynx thick, lumpy secretion. There is dryness of Afternoon & evening or red smarting eye much lachrymation. Frequent sneezing discharge of thick acid mucus, exerting

**Takaraune** - Burning sensation and tingling the nose. Decreased the power of smell, sensitive to odour. Frequent sneezing. Dry and obstruction of nose. Smarting in eyes and burning sensation in eyes, with redness.

**Sifta** - In nose sensation of fullness, No Atrophic rhinitis (Gale fissel) Dorsal nasal membrane. Dry scales, especially evening and night. Hay-Fever, nose sneezing. [Sabad] Burning in eyes & soreness of balls. Burning in eyelids.<sup>19,1</sup>

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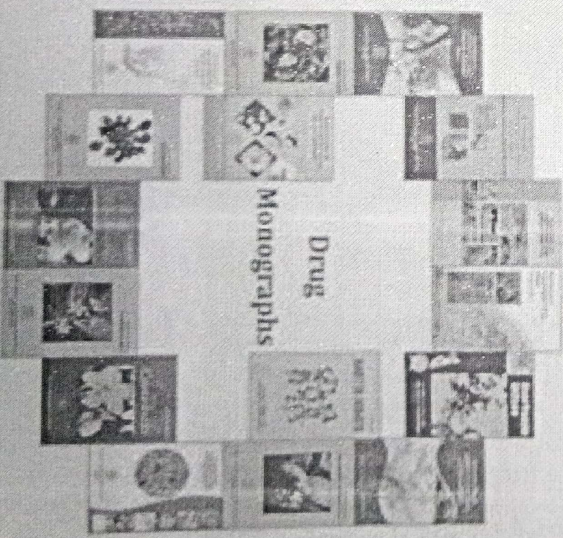
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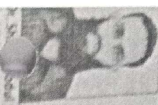
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# Homeopathic Management of Urinary Stone Disease With The Rare Remedy



**Abstract:** Urinary stone diseases is a condition in which there is deposition or formation of stones in the urinary tract. Mostly stone is a soluble material from the urine into a solid form slowly it is a hard substance, due to its alkalium content. According to the location of stones in the urinary system these are labeled as renal stones, ureteral stones, bladder stones and urethral stones. Homeopathy is based on the principles of individualisation of person as a whole which is explained by Dr Hahnemann. In the cases of urinary stone disease homoeopathy place a very important role in removing the stones from the person in disease without going under the knife of the surgeon in the most gentle and reliable way.

**Barrota Crematutum:** There is prostatic mucopurulent discharge from the urethra has irritable bladder. It is used in small dose of the bladder.

**Oxydendron Arbutum:** This medicine is useful in bladder stones. There is burning at the neck of the bladder in the suppressed or prostatic enlargement.

**Piper Nigrum:** This medicine is used in bladder stones. There is difficulty in urinating with burning in bladder and urethra.

**Stigmara Maydis:** This medicine is used in kidney stones and kidney colic. There is sediment in urine with blood at the enlargement of prostate with suppression of retention of urine.

**Xanthorrhoea Arthroa:** This medicine is used in case of bladder calculus. There is which extends from ureter to bladder and testis.

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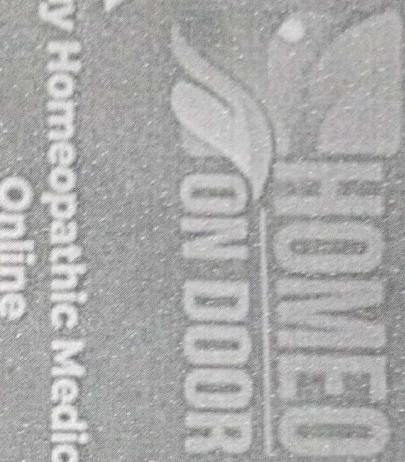


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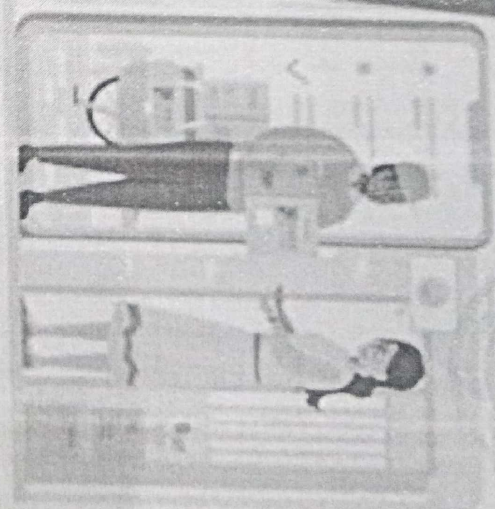
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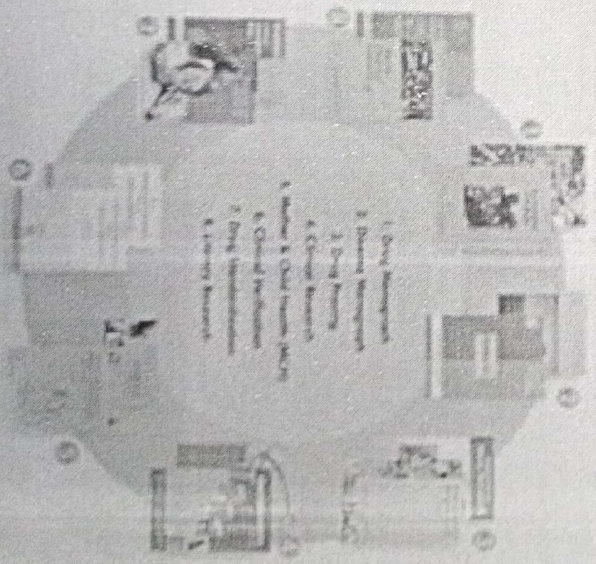
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# Plantar Keratoderma A Journey To Cure

Case Analysis- Mental General

Embarassment	Charastistic Uncommon
Sadness, despondency, depression, melancholy	Charastistic Uncommon
Anxiety - evening - bed, in	Mental general
Washing after	Charastistic Uncommon
Psychosomatic	Charastistic Uncommon

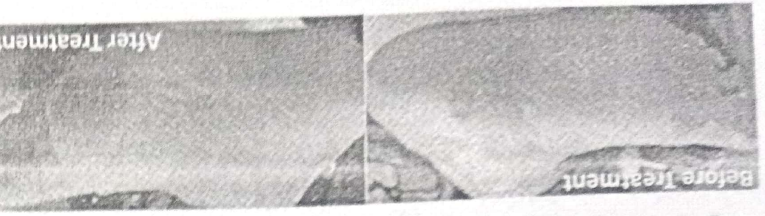
Physical Particular	Physical general
Desire - sweets	Charastistic Uncommon
Aversion - sour, acids	Charastistic Uncommon
Physical General	Charastistic Uncommon
Forgetfulness - old people in	Charastistic Uncommon
Mental general	Mental general

Extremities - Thick - general	Charastistic Uncommon
Skin - Cracks, fissures - washing after	Physical particular
Stomach - Nausea - eating - before	Charastistic Uncommon
Stomach - Heartburn - extending to throat	Physical particular

**Abstract- Plantar keratoderma** is the conditions in which there is abnormal thickening of the skin on the soles with painful cracks. In Homoeopathy is based on individualization is based on Dr Shakir Abdul Shaiq Deshmukh indicated remedy prescribed based on symptoms similarity. In this case report multiple events are happening with person which played major role in precipitating the disease and thus the remedy was prescribed based on psychosomatic condition of the patient.

**Keywords-** Plantar keratoderma, cracks, psychosomatic. **Abbreviations-** ABBE- Air envy bilateral equal, age- agegration **Introduction-** Plantar keratoderma are heterogeneous group of disorders characterized by hyperkeratosis of the palms and soles the majority of disorders in this group are hereditary some are part of other dermatosis and few are acquired acquired. Palmoplantar keratoderma is usually seen in an obese postmenopausal women as hyperkeratotic plaques on the soles and palms. On the soles has marked craving for sweets, aversion sour and thermally she is hot.

**Mental General-** She used to stay with husband and son. Son got married 8 years ago she had one daughter. 8 months ago she lost her husband since then her son started drinking alcohol and creates scene in building which respectful person he died of stroke. At present 60 year old lady came with complaints of extremities soles thick skin since 8 months, fissures aggravation washing after, itching absent. Along with this patient have heartburns extending to throat and nausea before eating.



# Repertory Sheet

1. MIND - Embarassment	(191)
2. MIND - Sadness, despondency, depression, melancholy	(191)
3. MIND - Anxiety - evening - bed, in	(191)
4. MIND - Forgetfulness - old people, in	(191)
5. EXTREMITIES - Thick - general - feet, skin, desires	(191)
6. EXTREMITIES - Thick - general - feet, skin, desires	(191)
7. EXTREMITIES - Thick - general - feet, skin, desires	(191)
8. STOMACH - Nausea - eating - before	(191)
9. STOMACH - Heartburn - extending to throat	(191)
10. STOMACH - Heartburn - extending to throat	(191)

**Follow Up-** 09-04-2019 Extremities lower cracks increased < washing Extremities lower sole skin thickness reduced Increased dryness Itching absent Heartburn reduced but extend to throat. Nausea before eating absent. Rx SL 1P stat 1 month

**Rx SL 1P stat Rubbing bid for 1 month** Extremities lower cracks reduced. Extremities lower sole skin normal. Itching reduced, Dryness reduced, Heartburn reduced not extending to throat. Rx 1P SL stat 09-06-2019 Extremities lower cracks and fissure absent. Itching absent. Heartburn absent.

**Conclusion-** The above case demonstrated efficiency of Homoeopathic management in case of plantar keratoderma with constitutional remedy. The constitutional remedy helped in annihilating the symptoms of the patient and improved the immunity of the patient. The similimum selected on the basis of totality of symptoms helps in relieving the symptoms of the patient.

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**Totality of Symptoms -** Mental - Embarassment - 1. Mind - Sadness, despondency, depression, melancholy - evening - agg. - bed, in 2. Mind - Anxiety - evening - agg. - bed, in 3. Mind - Anxiety - evening - agg. - bed, in 4. Mind - Forgetfulness - old people, in 5. Generalities - Food and drinks - sour, acids - aversion 6. Generalities - Food and drinks - sweets - desires 7. Extremities - Thick - general - feet, skin, external - soles 8. Skin - Cracks, fissures - washing, after 9. Stomach - Nausea - eating - before 10. Stomach - Heartburn - extending to throat

**Chical Diagnosis-** Plantar Keratoderma **Miasmatic Diagnosis-** Syc-syphilitic **Prescription:** Sulphur 30 1p stat, SL, BD For 1 Month.

Dr. Shakir Abdul Shaiq Deshmukh, MD Homoeopathy, Associate Professor Department of Repertory, Shri Chandraji Pawar Homoeopathic Medical College Shrirampur





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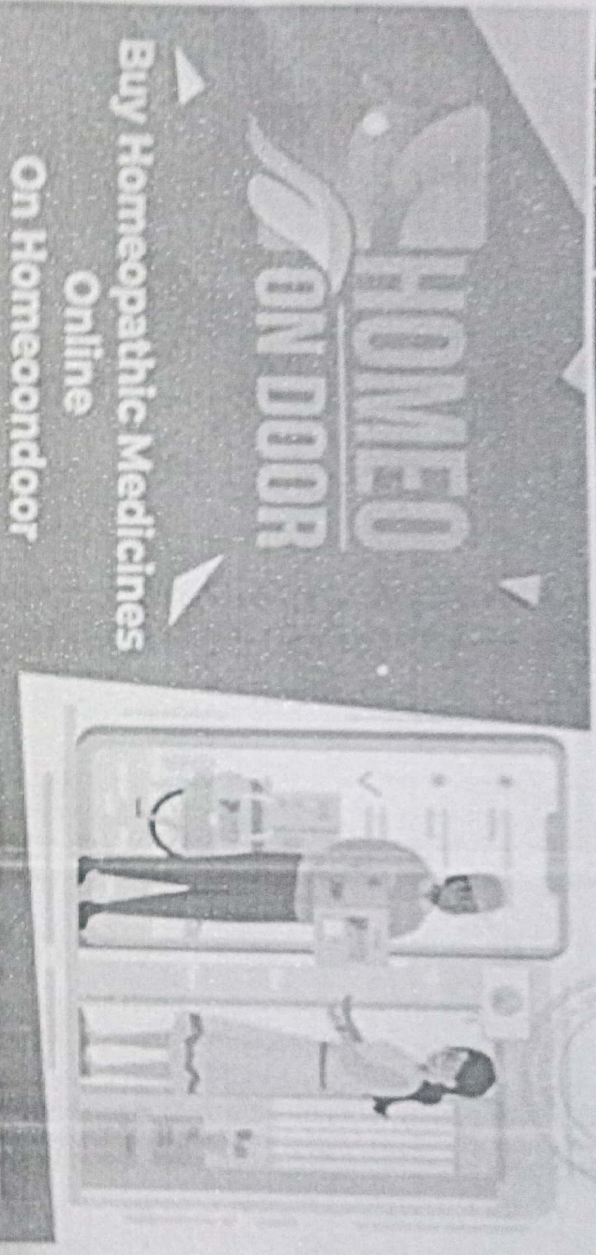
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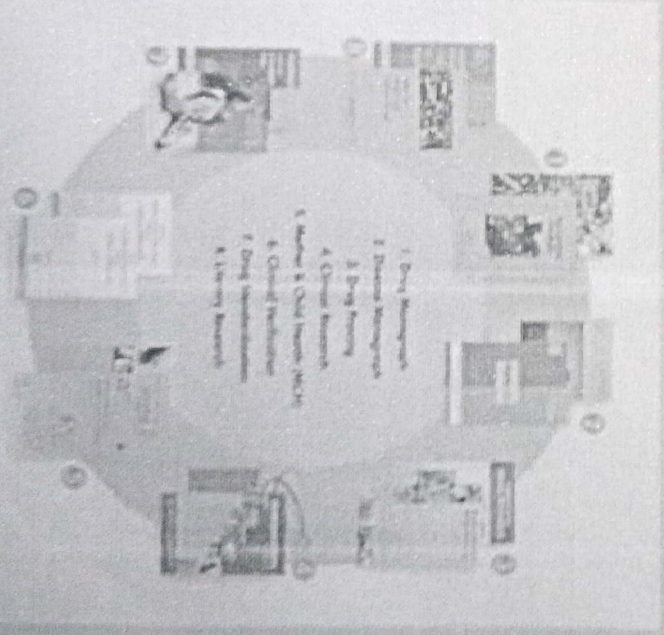
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# Homeopathy and Ankylosing Spondylitis



Dr. Sankar Dasgupta

**Abstract:** Ankylosing spondylitis is an inflammatory disorder of unknown etiology that mainly affects the axial skeleton, peripheral joints and sometimes it also involves extra articular structures.

Ankylosing spondylitis is complex & debilitating disease having an insidious onset and basically affecting the sacroiliac joints. People suffering from AS lose productivity owing to work disability & reduced quality of life.

The exact cause of AS is not known but it is believed to be caused by immune mediated mechanism involving mainly human leucocyte antigen (HLA-B27). Inflammatory, ocular, arthritic, cytokines along with genetic and environmental factors which is thought to be play key roles in developing ankylosing spondylitis. The 1<sup>st</sup> line of treatment is non-steroidal anti-inflammatory drugs but if failed corticosteroid therapy is given to patients. In this article we would also look Homoeopathic remedies which can be used for symptomatic management of ankylosing spondylitis. [1]

**Objectives:** To understand the etiology of ankylosing spondylitis. •Review management options available for ankylosing spondylitis once the diagnosis is established. •To know about prevalence of ankylosing spondylitis •To know about Homoeopathic remedies which can be used to treat Ankylosing spondylitis.

**Introduction:** Ankylosing spondylitis is a chronic inflammatory disease that present with various signs and symptoms.

Chronic back pain and spinal stiffness are the most common feature of ankylosing spondylitis. As disease progress it involves spine, sacroiliac joints, peripheral joints, digits along with that it may also leads to postural abnormalities. Sometimes extra skeletal organ may be also involved due to AS, most commonly includes inflammatory bowel disease, anterior uveitis and psoriasis also. Some studies also reveals that people suffering from AS have greater risk of developing cardiovascular diseases, spinal cord injury and cauda equina syndrome. [1][2]

**Epidemiology of AS:** The ankylosing spondylitis is more common in male as compared to female. There is strong correlation with HLA-B27 and ankylosing spondylitis. HLA-B27 is found among 90-95 percentage of patients of ankylosing spondylitis. [2]

**Pathogenesis of AS:** The exact mechanism how ankylosing spondylitis develops is not understood, but it's believed to caused due to immune mediated response but there is little evidence for antigen specific auto immunity and there is increasing evidence to suggest more of an auto inflammatory pathogenesis.

Along with that genetic and environmental factors also trigger AS. It is caused due to multi factorial etiology. The 1<sup>st</sup> blood order relative are more prone to develop AS. In ankylosing spondylitis there is persistent inflammation of affected joints with increased mononuclear infiltrate, leukocytes, tumor necrosis factor and other factors. [1][2]

**Clinical Features of AS: Signs and Symptoms:** [2] •As develop insidiously with chronic low back pain associated with increasing stiffness. •Sleep disturbance. •Buttock pain. •Age involvement of the spine patients complaints of chest pain & tightness. •Difficulty in reaching forearm and tenderness of hand. •Achilles, •Hip pain. •Neck pain and tenderness. •Short system and cervicobrachialgia.

**Investigation of Ankylosing Spondylitis**

- 1. ESR: Complete Blood Count Shows
- Neurocyclic dermatographic reactions.
- Increased ESR, increased acute phase reactants.
- 2. Imaging: Plain x ray of pelvis to include hip joints and lateral view of lumbar, dor and cervical spine.

3. CT Scan- Required when x ray doubtful.

- 4. MRI- Reveals sacroiliac, •Cervical •Cranial •Normal. •Crank 1, Crank 2, Crank 3, Crank 4, Crank 5, Crank 6, Crank 7, Crank 8, Crank 9, Crank 10, Crank 11, Crank 12, Crank 13, Crank 14, Crank 15, Crank 16, Crank 17, Crank 18, Crank 19, Crank 20, Crank 21, Crank 22, Crank 23, Crank 24, Crank 25, Crank 26, Crank 27, Crank 28, Crank 29, Crank 30, Crank 31, Crank 32, Crank 33, Crank 34, Crank 35, Crank 36, Crank 37, Crank 38, Crank 39, Crank 40, Crank 41, Crank 42, Crank 43, Crank 44, Crank 45, Crank 46, Crank 47, Crank 48, Crank 49, Crank 50, Crank 51, Crank 52, Crank 53, Crank 54, Crank 55, Crank 56, Crank 57, Crank 58, Crank 59, Crank 60, Crank 61, Crank 62, Crank 63, Crank 64, Crank 65, Crank 66, Crank 67, Crank 68, Crank 69, Crank 70, Crank 71, Crank 72, Crank 73, Crank 74, Crank 75, Crank 76, Crank 77, Crank 78, Crank 79, Crank 80, Crank 81, Crank 82, Crank 83, Crank 84, Crank 85, Crank 86, Crank 87, Crank 88, Crank 89, Crank 90, Crank 91, Crank 92, Crank 93, Crank 94, Crank 95, Crank 96, Crank 97, Crank 98, Crank 99, Crank 100.

Differential Diagnosis: [2] •Mechanical back pain. •Lumbar spinal stenosis

- Rheumatoid arthritis. •Disc degeneration.





## Efficacy Of Homeopathic Prescription In Haemorrhagic Complaints

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### Abstract :

Homeopathy is one of the most popular holistic systems of medicine. Drug selection is based on the theory of individualization and similarity of symptoms using a holistic approach. Only in this way can a state of complete health be restored by removing all the signs and symptoms from which the patient is suffering. The goal of homeopathy is not only to treat bleeding, but also to address its underlying cause and individual susceptibility. When it comes to therapeutic medication, several remedies are available for the treatment of bleeding, which can be selected based on the cause, sensations and modalities of the problem.

**Keywords:** Bleeding, Haemorrhagic Complaints, Homeopathy, Homeopathic Pharmacy

### Introduction :

In the current revolution of the modern age of higher antibiotics, it gives immediate results to the suffering humanity in various diseases with the gift of many side effects.

Homeopathy takes two steps forward simply. Medicine in minute doses without side effects. As homeopaths, we believe that the true cause of chronic disease is in the patient himself. So we treat the patient and not the disease. Although the causes of chronic diseases are many from a materialistic point of view, if a person is not susceptible to such a disease, he does not suffer from it. This predisposition is due to the dynamic influence of the miasma. We cannot select the most similar remedy unless we understand these phenomena of the underlying miasma. True assimilation is always based on an existing underlying miasma.

Beyond this Hahnemann idea of quick, gentle, and permanent restoration of health, on easy-to-understand principles, the highest ideal treatment can be achieved.

With this in mind, the present study will be conducted to outline a clear picture in the subjects. He tries to understand the scientific approach.

The topic that was chosen and is being questioned has become the most common disease that affects the common man living especially in metropolitan cities. The rapid change in business philosophy, urbanization, the high increase in demands and high expectations of productivity bring a heavy burden on every level of human psychology (mind, body, spirit, soul). The struggle for existence applies; the difference today is only in interpersonal relationships. The constant pressure to always lead and perform at the best level, and if not; the fall with frustration and depression led to the opening of the main causative factor of the disease, which affects the body to such an extent that the next generations to come are victims of this struggle. This affected at the gene level to cause morbid changes.

Today's modern medicine has also recognized that the mind plays an important role in the causes of disease in addition to mental illness (psychiatry), which Dr. S. Hahnemann said already 200 years ago. At that time, he classified mental illnesses and emphasized the mental disposition and its condition when choosing a drug.

The disease that falls under Hemorrhagic disorders also falls under psychosomatic disease, and therefore it is necessary to treat it with both psychotherapy and medication.

Bleeding or bleeding are alarming symptoms for doctors and patients; it becomes a high priority even if the bleeding from any part of the body is small. If we look at the etiological genesis of bleeding, its huge domain and importance lies in stopping or arresting the bleeding. Homeopathic Materia Medica is full of drugs that have a direct or indirect indication for bleeding, and the application of homeopathy in acute and chronic hemorrhagic problems remains a question for doctors.

Hemorrhagic complications have high mortality and morbidity along with high medical costs. There has not been an adequate amount of homeopathic research using different methodologies and interventions for hemorrhagic disorders and homeopathic treatment applications. Homeopathic Materia Medica is full of symptoms of hemorrhagic diathesis, bleeding tendency, acute and chronic bleeding.



**Review of Literature:****Bleeding:**

Leakage of blood from a ruptured vessel; can be either external or internal. Blood from the artery is bright red in color and comes in a stream; that from the vein is dark red and comes in a steady stream. In addition to the obvious flow of blood from a wound or body opening, massive bleeding can be detected by other symptoms such as restlessness, cold and clammy skin, thirst, an increased and thready pulse, rapid and shallow breathing, and a drop in blood pressure. If the bleeding continues unchecked, the patient may complain of blurred vision, ringing in the ears, or extreme weakness.

**TYPES OF BLEEDING**

- AMOUNT OF LOSS – LESS/RESULTING
- ACUTE/CHRONIC
- ARTERIAL/VEINOUS/CAPILLARY/MIXED
- LOCALIZED/DIFFUSED
- EXTERNAL/INTERNAL
- OVER/OCCULT
- Bleeding from the artery is bright red in color and escapes from the end of the vessel closest to the heart in spurts synchronous with the heartbeat.
- Bleeding from a vein is darker in color; the flow is constant, the bleeding is from the distal end of the vessel.
- Capillary bleeding is a general discharge from the raw surface.

**SPECIFIC TYPES**

- Bruising or ecchymosis
- Extravasation of blood / outpouring of blood into areolar tissues that become swampy
- Hematemesis and melena
- Hemoptysis
- Hematuria
- Epistaxis

**CLASSIFICATION OF SURGICAL BLEEDING**

- Bleeding was classified as —
- 1-Primary, occurring at the time of injury
- 2-Reactionary, or within 24 hours of the accident, during the reaction phase
- 3-secondary, occurring in a later period and caused by incorrect application of the ligature or septic condition of the wound. With severe bleeding, such as the division of a large artery, the patient may collapse and death may follow from syncope.

**Bleeding, types and causes****Recognizing types of bleeding****Arterial bleeding**

Arterial bleeding is recognized as bright red blood, spurting as a stream that rises and falls in time with the pulse. It may become watery with prolonged bleeding and when intravenous fluids other than blood are administered.

**Venous bleeding**

Venous bleeding is a darker red, steady and profuse flow. The color darkens even further due to excessive oxygen desaturation when blood loss is severe or with respiratory depression or obstruction. Blood loss is particularly rapid when large veins such as the common femoral or jugular are opened.

Venous bleeding can be under increased pressure as in asphyxia or from ruptured varicose veins. The pressure in the portal vein is high enough to cause rapid blood loss, especially in portal hypertension with esophageal varices. Bleeding from the pulmonary artery is dark red (venous blood) at about 30 mmHg (4 kPa), while bleeding from the pulmonary veins is bright red (oxygenated).

**Capillary bleeding**

Capillary bleeding is bright red, often rapid, watery. If it continues for many hours, blood loss can be severe, as in hemophilia.

**Primary bleeding**

Primary bleeding occurs at the time of injury or surgery.

**Reactive bleeding**

Reactive bleeding may follow the primary bleeding within 24 hours (usually 4–6 hours) and is primarily caused by rolling ("slipping") of the ligature, dislodgement of the clot, or cessation of reflex vasospasm. Precipitating circumstances are: (1) rise in blood pressure and refilling of the venous system after recovery from shock; and (2) restlessness, coughing, and vomiting that increase venous pressure (eg, reactive venous bleeding within hours of thyroidectomy).

Venous haemorrhage, whether primary or reactionary. The skill of even an experienced surgeon, as it can be exceedingly difficult to bring under control. Penetrating wounds involving major veins in the thigh or groin are potentially fatal because bleeding can follow removal of a first aid dressing that has apparently stopped the bleeding (butcher's thigh).

**Secondary bleeding**



Secondary bleeding occurs after 7-14 days and is caused by infection and peeling of part of the artery wall. Predisposing factors are drainage tube pressure, bone fragment, ligation in the infected area, or cancer. It is also a complication of arterial surgery and amputations.

It is heralded by "warning" bleeding, which are bright red spots on the bandage, followed by sudden, heavy bleeding that can be fatal. In the case of a peptic ulcer, a warning hematemesis may appear, which is a dangerous signal that is unwise to ignore. In advanced cancer, erosion of a major vessel (e.g. carotid or uterine) by a locally ulcerating growth becomes a way of mercifully ending the patient's suffering.

Secondary bleeding is prone to occur in anorectal wounds, such as after hemorrhoidectomy.

External bleeding

External bleeding is visible, exposed bleeding.

Internal bleeding

Internal bleeding is invisible, hidden bleeding. Internal bleeding can be hidden, as in a ruptured spleen or liver, a fractured femur, a ruptured ectopic pregnancy, or bleeding in the brain. Hidden

bleeding may appear as in hematemesis or melena from a bleeding peptic ulcer, as in hematuria from a ruptured kidney, or through the vagina in accidental uterine bleeding in pregnancy.

Measurement of acute blood loss

The assessment of acute blood loss must be related to the pre-existing volume of circulating blood, which can be derived from the patient's weight:

- infant 80–85 ml/kg
- adult 65–75 ml/kg

### Causes

Bleeding occurs as a result of a traumatic injury, an underlying medical condition, or a combination.

Traumatic injury

Traumatic bleeding is caused by some type of injury. There are different types of wounds that can cause traumatic bleeding. These include:
 

- Abrasion - also called an abrasion, is caused by the lateral impact of a foreign object on the skin and usually does not penetrate the epidermis.
- Excoriation - like abrasion, is caused by mechanical destruction of the skin, although it usually has an underlying medical cause
- Hematoma - caused by damage to a blood vessel, which subsequently causes blood to collect under the skin.
- Laceration - An irregular wound caused by a blunt impact to the soft tissue overlying the hard tissue or a tear, such as during childbirth. In some cases it can also be used to describe a cut.

- Incision - a cut into body tissue or an organ, such as with a scalpel, made during surgery.
- Puncture wound - caused by an object that has penetrated the skin and underlying layers, such as a nail, needle or knife
- Contusion - Also known as a bruise, this is a blunt injury that damages the tissue below the surface of the skin.
- Crushing injuries - caused by great or extreme force applied over a period of time. The extent of a crushing injury may not be apparent immediately.
- Ballistic trauma - caused by a firearm such as a firearm. This may include two external wounds (entry and exit) and a continuous wound between them.

Pathophysiology

Bleeding typically occurs when the mucosa is eroded and blood vessels are exposed and subsequently rupture.

More than 90% of bleeding occurs anteriorly and originates in Little's area, where

Krieselbach's plexus forms on the septum. Krieselbach's plexus is where vessels from both the ICA (anterior and posterior ethmoidal arteries) and ECA (sphenopalatine and branches of the internal maxillary arteries) converge. These capillary or venous hemorrhages provide constant mucus, rather than the profuse pumping of blood seen from an arterial origin. Anterior bleeding can also come from the front of the inferior turbinate.

Posterior bleeding occurs further in the nasal cavity, is usually more profuse and is often of arterial origin (e.g. from the branches of the sphenopalatine artery in the posterior nasal cavity or nasopharynx). A posterior source presents a greater risk of airway compromise, blood aspiration, and greater difficulty in controlling bleeding.

Etiology

The causes of epistaxis can be divided into local causes (eg. trauma, mucosal irritation, septal abnormalities, inflammatory diseases, tumors), systemic causes (eg. blood dyscrasia, arteriosclerosis, hereditary hemorrhagic telangiectasia), and idiopathic causes. The most common cause is local trauma, followed by facial trauma, foreign bodies, nasal or sinus infections, and prolonged inhalation of dry air. Children usually suffer from epistaxis due to local irritation or a recent upper respiratory infection (URI).

Trauma

Self-inflicted trauma from repeated nasal plucking can cause ulceration of the anterior septal mucosa and bleeding. This scenario is often seen in young children. Nasal foreign bodies that cause local trauma (eg. nasogastric and nasotracheal tubes) may be responsible for rare cases of epistaxis.

Acute trauma to the face and nose usually results in epistaxis. If the bleeding is from a minor mucosal laceration, it is usually limited. However, extensive facial trauma can lead to severe bleeding requiring nasal packing. In these patients, delayed epistaxis may signal the presence of a traumatic aneurysm.

Patients undergoing nasal surgery should be warned about the possibility of epistaxis.

As with a nose injury, bleeding can range from minor (due to a mucosal laceration) to severe (due to cutting a large vessel).

Dry weather

Low humidity can lead to irritation of mucous membranes. Epistaxis is more common in dry climates and during cold weather due to dehumidification of the nasal mucosa by home heating systems.



### Hypertension

The relationship between hypertension and epistaxis is often misunderstood. Patients with epistaxis often have elevated blood pressure.

Epistaxis is more common in hypertensive patients, possibly due to vascular fragility due to long-term disease.

However, hypertension is rarely a direct cause of epistaxis. More often, epistaxis and associated anxiety cause an acute increase in blood pressure.

Therefore, therapy should focus on controlling bleeding and reducing anxiety as the primary means of lowering blood pressure.

A study by Sarhan and Algamal, which included 40 epistaxis patients and 40 controls, reported that the number of epistaxis attacks was higher in patients with a history of hypertension, but the investigators were unable to determine whether there was a definite association between epistaxis and high blood pressure. However, they found that control of epistaxis was more difficult in hypertensives; patients whose systolic blood pressure was higher at presentation tended to require treatment with packing, balloon devices, or cautery.

Hematemesis and melena

### Definition

Hematemesis is the vomiting of blood, either light or altered blood (so-called coffee grounds vomit), due to the action of acid on the blood. Melena is the passage of black tarry stools. Tarryness is characteristic and distinguishes melena from the passage of black stools due to dietary substances, including iron ingestion. Hematemesis occurs from a point usually not distal to the duodenum, but melena may occur not only from a proximal site of bleeding but rarely from a small bowel cause.

### Incidence

Hematemesis and melena are a common and important symptom complex that presents either as acute catastrophic disease or electively with prolonged minor bleeding. Patients with this condition place great demands on hospital beds.

### Importance

Patients with hematemesis and melena require hospitalization. The condition has a high mortality rate and requires a systematic approach to the initial resuscitation process, diagnostic method and therapeutic program. The overall management of this condition has been revolutionized by the introduction of new endoscopic techniques to control bleeding.

### Causes of hematemesis

As a cause of hematemesis, it is necessary to rule out swallowing blood, e.g. from the site of bleeding in the fasting space.

The list of causes of hematemesis and melena is long (Table 1, "Common causes of hematemesis and melena"). Common causes are:

- peptic ulcer (ie gastric or duodenal ulcer)
- esophageal varices
- gastritis or duodenitis.

### Homeopathy for BLEEDING

#### Secal.

This remedy answers passive, painless, dark, offensive bleeding in thin emaciated women, with tingling and tingling in the limbs, coldness on the surface of the body, and desire to be uncovered. It is characterized by a slow discharge, dark, thin and persistent and worse from motion. Carbo vegetabilis has permanent passive bleeding; the skin is cold and bluish, the pulse is rapid and weak; patient wants to be fanned, burning pains across sacrum and lower spine; persistent nosebleed with sunken face. Death seems near, and its nearness is indicated by Carbo. Arsenicum. Persistent bleeding of a low type, burning pains and irritability, a very useful remedy in habitual epistaxis, also in China. Lachesis.

#### Epistaxis in menopause.

#### Trillium.

There is no better remedy for active and passive bleeding than Trillium. Dr.

Hale and Burt believe they will surpass Sabina, Secale, and Hamamelis. Carter recommends its use for nosebleeds. It is especially suitable for bright red or dark and clotted flow in women who flow after each delivery. There is a weak feeling in the epigastrium, coldness in the limbs and a weak pulse. Acute bleeding, bleeding from fibrinoids or after heavy exertion. Tricure on cotton wool applied to the part is most useful to stop bleeding from the teeth or in epistaxis, especially in growing children. A characteristic sign of uterine bleeding is a feeling as if the thighs would separate, loosened by a tight bandage around the body. Cinnamomum. Bleeding from slight causes, as from a wrong step, coming on suddenly, profuse, and of a bright red color.

#### Sabina.

Sabina is characterized by a bright red clotted flow, worse from motion, with pains extending from the pubic hair to the sacrum and down the thighs. It is especially useful in protracted uterine bleeding and after abortion or childbirth. They are painful labor-like pains in the abdomen. Erigeron is similar, but associated with irritation of the bladder and anus, the flow comes in fits and starts, a sudden gush, then stops; lumpy dark flow. Some doctors consider Erigeron to be almost specific for all forms of bleeding. Erigeron often controls debilitating menstrual bleeding attacks. It is also great after a miscarriage, here the bleeding has a bright red color. Crocus corresponds to passive overload and is especially suitable for nervous hysterics. The hemorrhages are dark, tenacious, black, tarry blood, worse on any motion, and especially profuse.

#### Ipecac.

One of our best remedies for bleeding incipient phthisis and here

Bayer recommends a dilution of 1 to 3; the blood is bright red from any part and is accompanied by nausea. Hematemesis. The surface of the body may be cold and covered with a cold sweat. Acalypha Indica. According to Dr. Arthur Clifton of England, no remedy equals Acalypha in haemoptysis; comes with an effusion after an attack of dry cough; the breath is rapid and the blood is clear.

#### Sanguinaria.

Metrorrhagia at climax, bright red, clotted offensive flow. Vinca minor is also a useful remedy for post-menopausal bleeding.



Hamamelis.

Dr. Dyce Brown considers Hamamelis one of the best remedies for uterine bleeding in general, and clinical experience has abundantly confirmed its use not only here, but in bleeding from any part of the body, especially from the lungs, where it is of great value. It best corresponds to passive venous bleeding, which is certainly one of our most effective remedies here. It is useful in epistaxis, with tension and pressure in the glabella. The blood is usually dark. Pulsatilla. Passive epistaxis and epistaxis replacing menstruation.

Mercury. Nose bleeding; the blood coagulates, is dark, clotted, and profuse. Arnica. In addition to its use in traumatic bleeding, it is very useful in nosebleeds in growing children.

Moccha.

Farrington says that one can hardly do without Cinchona in bleeding. The blood is dark and coagulated from any orifice of the body; the flow is profuse, so profuse as to bleed and cause faintness and ringing in the ears; and it is characteristic that the patient wants to be fanned. It is especially useful for antenatal and postnatal bleeding. Ferrum metallicum suits anemic patients with dropsy, but the bleeding is bright red mixed with conglutium and spurts. So it stands between Cinchona and Ipecac. With Ferrum, there is a lot of facial redness.

Aconite.

Acute hemorrhage requires Aconite when there is anxiety and fever and profuse bright red flow. Millefolium has the same bright red flow, but no anxiety or fever, and this remedy is most useful in active bleeding from the nose, lungs, or bowels of mechanical origin; epistaxis. It is a more active bleeding than that required by Hamamelis. It also corresponds to bleeding in typhoid fever with tympanitis. Cactus. Bleeding with heavy palpitations.

Ledum and Opium. Bleeding drunkards; red, frothy blood. Irvins mentions Bryonia as almost specific in passive epistaxis of young people.

Bovista.

Bovista causes relaxation of the entire capillary system, which of course promotes bleeding. It is therefore useful in epistaxis, and in uterine bleeding, when the uterus is congested; flows between menses from any little overexcitement. Farrington states that the flow occurs mostly or only at night or early morning as characteristic. The surface of the body is swollen. Ustilago is another hemorrhagic medicine; the flow is bright red, partly liquid and partly precipitated; minor manipulations such as digital examination cause bleeding. 6th potency is recommended. Thlaspi bursa pastoris has been used successfully for uterine bleeding. Mitchell. Uterine bleeding of bright red blood accompanied by dysuria. Platinum has a dark painless bleeding; clots hard and dark, mixed with liquid blood, come off in a thick tarry mass. It may be accompanied by a feeling as if the body is getting bigger. Painful tenderness and constant pressure in mons veneris and genitals.

## DISCUSSION

Homeopathy is an art and a science. Science because it is based on a therapeutic law of nature and it is an art because it takes skill to arrive at totality and obtain the simillimum.

The presented case was analyzed in detail. To get an adequate mental picture of the patient. The search was for knowledge of the patient's living space. How a person lived his life gives an idea of a true picture of his mood and mental state. This understanding helps to define the patient's problem area so that we can help them solve the problem and ultimately heal on a physical, mental and emotional level.

Homeopathy helps to make a person happier because it allows them to think better and understand better. He developed a new perspective to look at the same things. The better the view, the better the life, even though the circumstances may be the same and this was indeed observed in this work.

The family is the soil and the patient as an individual is the seed, to know what has grown on what soil, a family history along with the past history of the patient is essential.

It helps to know the miasmatic background, it is related to the filing of the complaint and it is countered with suitable anti-miasmatic means.

Antimiasmatic drugs are strictly given if clearly indicated.

During follow-up along with presenting complaints, the women were interrogated each time about their general physical condition, such as appetite, sleep, and menstruation, to determine the overall health of the patient.

## CONCLUSION

In this work, 30 cases of hemorrhagic problems occurring in various diseases were studied and the following conclusion was drawn.

It is the deeper aspect of the totality of symptoms that indicate a proper simillimum instead of an overt pathology.

Constitutional treatment based on a summary of symptoms has proven to be the best for treating acute or chronic diseases, and a well-chosen repertoire is essential to achieve the simillima.

In some cases the use of an acute remedy or an antimiasmatic remedy will develop a clear picture indicating a deep-acting remedy.

In a few cases, even when the totality of symptoms points to the correct constitutional remedy, the patient does not respond satisfactorily until a suitable antimiasmatic remedy is given as an intercurrent remedy to overcome the miasmatic block.

Along with the diagnosis of the constitutional remedy, we should assess the patient's receptivity and choose the potency accordingly. In cases where the drug is indicated through the most peculiar and characteristic symptoms in a higher degree of simillim, we should prefer higher potencies.

Common symptoms along with a little simillim at a deeper level should opt for lower to medium potencies.

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#### SUMMARY

In this research, an effort was made to show the benefit of studying a particular disorder. This research suggests that we can be perfect in the treatment of patients if we study the individual condition, especially with its various aspects and relation to other diseases, the distinction is easy when we know the development of the symptoms of the disease and compare it with the development of the patient.

In a detailed study of hemorrhagic problems, it was found that Homeopathic remedies have been extensively tested and proven time and time again for their clinical efficacy. No homeopath can run a clinic without using constitutional homeopathic remedies in appropriate cases and obtaining the most rewarding results in both acute and chronic cases.

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# EFFICACY OF HOMOEOPATHIC PRESCRIPTION IN HAEMORRHAGIC COMPLAINTS

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## **Abstract :**

Homeopathy is one of the most popular holistic systems of medicine. Drug selection is based on the theory of individualization and similarity of symptoms using a holistic approach. Only in this way can a state of complete health be restored by removing all the signs and symptoms from which the patient is suffering. The goal of homeopathy is not only to treat bleeding, but also to address its underlying cause and individual susceptibility. When it comes to therapeutic medication, several remedies are available for the treatment of bleeding, which can be selected based on the cause, sensations and modalities of the problem.

## **Keywords:**

Bleeding, Haemorrhagic Complaints, Homeopathy, Homoeopathic Pharmacy

## **Introduction:**

In the current revolution of the modern age of higher antibiotics, it gives immediate results to the suffering humanity in various diseases with the gift of many side effects.

Homeopathy takes two steps forward simply, Medicine in minute doses without side effects.

As homeopaths, we believe that the true cause of chronic disease is in the patient himself. So we treat the patient and not the disease. Although the causes of chronic diseases are many from a materialistic point of view, if a person is not susceptible to such a disease, he does not suffer from it. This predisposition is due to the dynamic influence of the miasma. We cannot select the most similar remedy unless we understand these phenomena of the underlying miasma. True assimilation is always based on an existing underlying miasma.

Beyond this Hahnemann idea of quick, gentle, and permanent restoration of health, on easy-to-understand principles, the highest ideal treatment can be achieved.

With this in mind, the present study will be conducted to outline a clear picture in the subjects. He tries to understand the scientific approach.

The topic that was chosen and is being questioned has become the most common disease that affects the common man living especially in metropolitan cities. The rapid change in business philosophy, urbanization, the high increase in demands and high expectations of productivity bring a heavy burden on every level of human psychology



(mind, body, spirit, soul). The struggle for existence applies; the difference today is only in interpersonal relationships. The constant pressure to always lead and perform at the best level, and if not; the fall with frustration and depression led to the opening of the main causative factor of the disease, which affects the body to such an extent that the next generations to come are victims of this struggle. This affected at the gene level to cause morbid changes.

Today's modern medicine has also recognized that the mind plays an important role in the causes of disease in addition to mental illness (psychiatry), which Dr. S. Hahnemann said already 200 years ago. At that time, he classified mental illnesses and emphasized the mental disposition and its condition when choosing a drug.

The disease that falls under Hemorrhagic disorders also falls under psychosomatic disease, and therefore it is necessary to treat it with both psychotherapy and medication.

Bleeding or bleeding are alarming symptoms for doctors and patients; it becomes a high priority even if the bleeding from any part of the body is small. If we look at the etio-pathogenesis of bleeding, its huge domain and importance lies in stopping or arresting the bleeding. Homeopathic Materia Medica is full of drugs that have a direct or indirect indication for bleeding, and the application of homeopathy in acute and chronic hemorrhagic problems remains a question for doctors.

Hemorrhagic complications have high mortality and morbidity along with high medical costs. There has not been an adequate amount of homeopathic research using different methodologies and interventions for hemorrhagic disorders and homeopathic treatment applications. Homeopathic Materia Medica is full of symptoms of hemorrhagic diathesis, bleeding tendency, acute and chronic bleeding.

#### **Review of Literature:**

##### **Bleeding:**

Leakage of blood from a ruptured vessel; can be either external or internal. Blood from the artery is bright red in color and comes in a stream; that from the vein is dark red and comes in a steady stream. In addition to the obvious flow of blood from a wound or body opening, massive bleeding can be detected by other symptoms such as restlessness, cold and clammy skin, thirst, an increased and thready pulse, rapid and shallow breathing, and a drop in blood pressure. . If the bleeding continues unchecked, the patient may complain of blurred vision, ringing in the ears, or extreme weakness.

##### **TYPES OF BLEEDING**

- AMOUNT OF LOSS -- LESS/RESULTING
- ACUTE/CHRONIC
- ARTERIAL/VEINOUS/CAPILLARY/MIXED
- LOCALIZED/DIFFUSED
- EXTERNAL/INTERNAL
- OVER/OCCULT



- Bleeding from the artery is bright red in color and escapes from the end of the vessel closest to the heart in spurts synchronous with the heartbeat.
- Bleeding from a vein is darker in color; the flow is constant, the bleeding is from the distal end of the vessel.
- Capillary bleeding is a general discharge from the raw surface.

#### SPECIFIC TYPES

- Bruising or ecchymosis.

Extravasation of blood / outpouring of blood into areolar tissues that become swampy

- Hematemesis and melena
- Hemoptysis
- Hematuria
- Epistaxis

#### CLASSIFICATION OF SURGICAL BLEEDING

- Bleeding was classified as –
- 1-Primary, occurring at the time of injury
- 2-Reactionary, or within 24 hours of the accident, during the reaction phase
- 3-secondary, occurring in a later period and caused by incorrect application of the ligature or septic condition of the wound. With severe bleeding, such as the division of a large artery, the patient may collapse and death may follow from syncope.

Bleeding, types and causes

Recognizing types of bleeding

Arterial bleeding

Arterial bleeding is recognized as bright red blood, spurting as a stream that rises and falls in time with the pulse. It may become watery with prolonged bleeding and when intravenous fluids other than blood are administered.

Venous bleeding

Venous bleeding is a darker red, steady and profuse flow. The color darkens even further due to excessive oxygen desaturation when blood loss is severe or with respiratory depression or obstruction. Blood loss is particularly rapid when large veins such as the common femoral or jugular are opened.

Venous bleeding can be under increased pressure as in asphyxia or from ruptured varicose veins. The pressure in the portal vein is high enough to cause rapid blood loss, especially in portal hypertension with esophageal varices. Bleeding from the pulmonary artery is dark red (venous blood) at about 30 mmHg (4 kPa), while bleeding from the pulmonary veins is bright red (oxygenated).

Capillary bleeding



Capillary bleeding is bright red, often rapid, watery. If it continues for many hours, blood loss can be severe, as in hemophilia.

Primary bleeding

Primary bleeding occurs at the time of injury or surgery.

Reactive bleeding

Reactive bleeding may follow the primary bleeding within 24 hours (usually 4-6 hours) and is primarily caused by rolling ("slipping") of the ligature, dislodgement of the clot, or cessation of reflex vasospasm. Precipitating circumstances are: (1) rise in blood pressure and refilling of the venous system after recovery from shock; and (2) restlessness, coughing, and vomiting that increase venous pressure (eg, reactive venous bleeding within hours of thyroidectomy).

Venous haemorrhage, whether primary or reactionary, The skill of even an experienced surgeon, as it can be exceedingly difficult to bring under control. Penetrating wounds involving major veins in the thigh or groin are potentially fatal because bleeding can follow removal of a first aid dressing that has apparently stopped the bleeding (butcher's thigh).

Secondary bleeding

Secondary bleeding occurs after 7-14 days and is caused by infection and peeling of part of the artery wall. Predisposing factors are drainage tube pressure, bone fragment, ligation in the infected area, or cancer. It is also a complication of arterial surgery and amputations.

It is heralded by "warning" bleeding, which are bright red spots on the bandage, followed by sudden, heavy bleeding that can be fatal. In the case of a peptic ulcer, a warning hematemesis may appear, which is a dangerous signal that is unwise to ignore. In advanced cancer, erosion of a major vessel (e.g. carotid or uterine) by a locally ulcerating growth becomes a way of mercifully ending the patient's suffering.

Secondary bleeding is prone to occur in anorectal wounds, such as after hemorrhoidectomy.

External bleeding

External bleeding is visible, exposed bleeding.

Internal bleeding

Internal bleeding is invisible, hidden bleeding. Internal bleeding can be hidden, as in a ruptured spleen or liver, a fractured femur, a ruptured ectopic pregnancy, or bleeding in the brain. Hidden

bleeding may appear as in hematemesis or melena from a bleeding peptic ulcer, as in hematuria from a ruptured kidney, or through the vagina in accidental uterine bleeding in pregnancy.

Measurement of acute blood loss



The assessment and management of blood loss must be related to the pre-existing volume of circulating blood, which can be derived from the patient's weight:

- infant 80–85 ml/kg;
- adult 65–75 ml/kg.

Causes

Bleeding occurs as a result of a traumatic injury, an underlying medical condition, or a combination.

Traumatic injury

Traumatic bleeding is caused by some type of injury. There are different types of wounds that can cause traumatic bleeding. These include: • Abrasion - also called an abrasion, is caused by the lateral impact of a foreign object on the skin and usually does not penetrate the epidermis.

- Excoriation - like abrasion, is caused by mechanical destruction of the skin, although it usually has an underlying medical cause
- Hematoma - caused by damage to a blood vessel, which subsequently causes blood to collect under the skin.
- Laceration - An irregular wound caused by a blunt impact to the soft tissue overlying the hard tissue or a tear, such as during childbirth. In some cases it can also be used to describe a cut.

- Incision - a cut into body tissue or an organ, such as with a scalpel, made during surgery.

- Puncture wound - caused by an object that has penetrated the skin and underlying layers, such as a nail, needle or knife
- Contusion - Also known as a bruise, this is a blunt injury that damages the tissue below the surface of the skin.
- Crushing injuries - caused by great or extreme force applied over a period of time. The extent of a crushing injury may not be apparent immediately.

- Ballistic trauma - caused by a firearm such as a firearm. This may include two external wounds (entry and exit) and a continuous wound between them Formula

Pathophysiology

Bleeding typically occurs when the mucosa is eroded and blood vessels are exposed and subsequently rupture.

More than 90% of bleeding occurs anteriorly and originates in Little's area, where

Kiesselbach's plexus forms on the septum. Kiesselbach's plexus is where vessels from both the ICA (anterior and posterior ethmoidal arteries) and ECA (sphenopalatine and branches of the internal maxillary arteries) converge. These capillary or venous hemorrhages provide constant mucus, rather than the profuse pumping of blood seen



from an arterial origin. Anterior bleeding can also come from the front of the inferior turbinate.

Posterior bleeding occurs further in the nasal cavity, is usually more profuse and is often of arterial origin (e.g. from the branches of the sphenopalatine artery in the posterior nasal cavity or nasopharynx). A posterior source presents a greater risk of airway compromise, blood aspiration, and greater difficulty in controlling bleeding.

### Etiology

The causes of epistaxis can be divided into local causes (eg, trauma, mucosal irritation, septal abnormalities, inflammatory diseases, tumors), systemic causes (eg, blood dyscrasia, arteriosclerosis, hereditary hemorrhagic telangiectasia), and idiopathic causes. The most common cause is local trauma, followed by facial trauma, foreign bodies, nasal or sinus infections, and prolonged inhalation of dry air. Children usually suffer from epistaxis due to local irritation or a recent upper respiratory infection (URI).

### Trauma

Self-inflicted trauma from repeated nasal plucking can cause ulceration of the anterior septal mucosa and bleeding. This scenario is often seen in young children. Nasal foreign bodies that cause local trauma (eg, nasogastric and nasotracheal tubes) may be responsible for rare cases of epistaxis.

Acute trauma to the face and nose usually results in epistaxis. If the bleeding is from a minor mucosal laceration, it is usually limited. However, extensive facial trauma can lead to severe bleeding requiring nasal packing. In these patients, delayed epistaxis may signal the presence of a traumatic aneurysm.

Patients undergoing nasal surgery should be warned about the possibility of epistaxis.

As with a nose injury, bleeding can range from minor (due to a mucosal laceration) to severe (due to cutting a large vessel).

### Dry weather

Low humidity can lead to irritation of mucous membranes. Epistaxis is more common in dry climates and during cold weather due to dehumidification of the nasal mucosa by home heating systems.

### Hypertension

The relationship between hypertension and epistaxis is often misunderstood.

Patients with epistaxis often have elevated blood pressure.

Epistaxis is more common in hypertensive patients, possibly due to vascular fragility due to long-term disease.

However, hypertension is rarely a direct cause of epistaxis. More often, epistaxis and associated anxiety cause an acute increase in blood pressure.

Therefore, therapy should focus on controlling bleeding and reducing anxiety as the primary means of lowering blood pressure.



A study by Sarhan and Algamal, which included 40 epistaxis patients and 40 controls, reported that the number of epistaxis attacks was higher in patients with a history of hypertension, but the investigators were unable to determine whether there was a definite association between epistaxis and high blood pressure. However, they found that control of epistaxis was more difficult in hypertensives; patients whose systolic blood pressure was higher at presentation tended to require treatment with packing, balloon devices, or cautery

### Hematemesis and melena

#### Definition

Hematemesis is the vomiting of blood, either light or altered blood (so-called coffee grounds vomit), due to the action of acid on the blood. Melena is the passage of black tarry stools. Terryne's is characteristic and distinguishes melena from the passage of black stools due to dietary substances, including iron ingestion. Haematemesis occurs from a point usually not distal to the duodenum, but melena may occur not only from a proximal site of bleeding but rarely from a small bowel cause.

#### Incidence

Hematemesis and melena are a common and important symptom complex that presents either as acute catastrophic disease or electively with prolonged minor bleeding. Patients with this condition place great demands on hospital beds.

#### Importance

Patients with hematemesis and melena require hospitalization. The condition has a high mortality rate and requires a systematic approach to the initial resuscitation process, diagnostic method and therapeutic program. The overall management of this condition has been revolutionized by the introduction of new endoscopic techniques to control bleeding.

#### Causes of hematemesis

As a cause of hematemesis, it is necessary to rule out swallowing blood, e.g. from the site of bleeding in the fasting space.

The list of causes of hematemesis and melena is long (Table 1, "Common causes of hematemesis and melena"). Common causes are:

- peptic ulcer (ie gastric or duodenal ulcer)
- esophageal varices
- gastritis or duodenitis.

### Homeopathy for BLEEDING

#### Secal.

This remedy answers passive, painless, dark, offensive bleeding in thin emaciated women, with tingling and tingling in the limbs, coldness on the surface of the body, and desire to be uncovered. It is characterized by a slow discharge, dark, thin and persistent and worse from motion. *Carbo vegetabilis* has permanent passive bleeding;



the skin is cold and bluish, the pulse is rapid and weak; patient wants to be fanned, burning pains across sacrum and lower spine; persistent nosebleed with sunken face. Death seems near, and its nearness is indicated by Carbo. Arsenicum. Persistent bleeding of a low type, burning pains and irritability, a very useful remedy in habitual epistaxis, also in China. Lachesis.

Epistaxis in menopause.

Trillium.

There is no better remedy for active and passive bleeding than Trillium. Dr.

Hale and Burt believe they will surpass Sabina, Secale, and Hamamelis. Cartier recommends its use for nosebleeds. It is especially suitable for bright red or dark and clotted flow in women who flow after each delivery. There is a weak feeling in the epigastrium, coldness in the limbs and a weak pulse. Acute bleeding, bleeding from fibroids or after heavy exertion. Tincture on cotton wool applied to the part is most useful to stop bleeding from the teeth or in epistaxis, especially in growing children. A characteristic sign of uterine bleeding is a feeling as if the thighs would separate, loosened by a tight bandage around the body. Cinnamomum. Bleeding from slight causes, as from a wrong step, coming on suddenly, profuse, and of a bright red color.

Sabine.

Sabina is characterized by a bright red clotted flow, worse from motion, with pains extending from the pubic hair to the sacrum and down the thighs. It is especially useful in protracted uterine bleeding and after abortion or childbirth. They are painful labor-like pains in the abdomen. Erigeron is similar, but associated with irritation of the bladder and anus, the flow comes in fits and starts, a sudden gush, then stops; lumpy dark flow. Some doctors consider Erigeron to be almost specific for all forms of bleeding. Erigeron often controls debilitating menstrual bleeding attacks. It is also great after a miscarriage, here the bleeding has a bright red color. Crocus corresponds to passive overload and is especially suitable for nervous hysterics. The hemorrhages are dark, tenacious, black, tarry blood, worse on any motion, and especially profuse.

Ipecac.

One of our best remedies for bleeding incipient phthisis and here

Bayes recommends a dilution of 1 to 3; the blood is bright red from any part and is accompanied by nausea. Hematemesis. The surface of the body may be cold and covered with a cold sweat. Acalypha Indica. According to Dr. Arthur Clifton of England, no remedy equals Acalyfa in haemoptysis; comes with an effusion after an attack of dry cough; the breath is rapid and the blood is clear.

Sanguinaria.

Metrorrhagia at climax, bright red, clotted offensive flow. Vinca minor is also a useful remedy for post-menopausal bleeding.

Hamamelis.

Dr. Dyce Brown considers Hamamelis one of the best remedies for uterine bleeding in general, and clinical experience has abundantly confirmed its use not only here, but in



bleeding from any part of the body, especially from the lungs, where it is of great value. It best corresponds to passive venous bleeding, which is certainly one of our most effective remedies here. It is useful in epistaxis, with tension and pressure in the glabella. The blood is usually dark. Pulsatilla. Passive epistaxis and epistaxis replacing menstruation.

Mercury. Nose bleeding; the blood coagulates, is dark, clotted, and profuse. Arnica. In addition to its use in traumatic bleeding, it is very useful in nosebleeds in growing children.

Mochna.

Farrington says that one can hardly do without Cinchona in bleeding. The blood is dark and coagulated from any orifice of the body; the flow is profuse, so profuse as to bleed and cause faintness and ringing in the ears; and it is characteristic that the patient wants to be fanned. It is especially useful for antenatal and postnatal bleeding. Ferrum metallicum suits anemic patients with dropsy, but the bleeding is bright red mixed with coagulium and spurts. So it stands between Cinchona and Ipecac. With Ferrum, there is a lot of facial redness.

Aconite.

Acute haemorrhage requires Aconite when there is anxiety and fever and profuse bright red flow. Millefolium has the same bright red flow, but no anxiety or fever, and this remedy is most useful in active bleeding from the nose, lungs, or bowels of mechanical origin; epistaxis. It is a more active bleeding than that required by Hamamelis. It also corresponds to bleeding in typhoid fever with tympanitis. Cactus. Bleeding with heavy palpitations.

Ledum and Opium. Bleeding drunkards; red, frothy blood. Ivins mentions

Bryonia as almost specific in passive epistaxis of young people.

Bovista.

Bovista causes relaxation of the entire capillary system, which of course promotes bleeding. It is therefore useful in epistaxis, and in uterine bleeding, when the uterus is congested; flows between menses from any little overexertion. Farrington states that the flow occurs mostly or only at night or early morning as characteristic. The surface of the body is swollen. Ustilago is another hemorrhagic medicine; the flow is bright red, partly liquid and partly precipitated; minor manipulations such as digital examination cause bleeding. 6th potency is recommended. Thlaspi bursa pastoris has been used successfully for uterine bleeding. Mitchell. Uterine bleeding of bright red blood accompanied by dysuria. Platinum has a dark painless

bleeding; clots hard and dark, mixed with liquid blood, come off in a thick tarry mass. It may be accompanied by a feeling as if the body is getting bigger. Painful tenderness and constant pressure in mons veneris and genitals.

DISCUSSION



Homeopathy is an art and a science. Science because it is based on a therapeutic law of nature and it is an art because it takes skill to arrive at totality and obtain the simillimum.

The presented case was analyzed in detail. To get an adequate mental picture of the patient. The search was for knowledge of the patient's living space. How a person lived his life gives an idea of a true picture of his mood and mental state. This understanding helps to define the patient's problem area so that we can help them solve the problem and ultimately heal on a physical, mental and emotional level.

Homeopathy helps to make a person happier because it allows them to think better and understand better. He developed a new perspective to look at the same things. The better the view, the better the life, even though the circumstances may be the same and this was indeed observed in this work.

The family is the soil and the patient as an individual is the seed, to know what has grown on what soil, a family history along with the past history of the patient is essential.

It helps to know the miasmatic background, it is related to the filing of the complaint and it is countered with suitable anti-miasmatic means.

Antimiasmatic drugs are strictly given if clearly indicated.

During follow-up along with presenting complaints, the women were interrogated each time about their general physical condition, such as appetite, sleep, and menstruation, to determine the overall health of the patient.

#### CONCLUSION

In this work, 30 cases of hemorrhagic problems occurring in various diseases were studied and the following conclusion was drawn.

It is the deeper aspect of the totality of symptoms that indicate a proper simillimum instead of an overt pathology.

Constitutional treatment based on a summary of symptoms has proven to be the best for treating acute or chronic diseases, and a well-chosen repertoire is essential to achieve the simillima.

In some cases the use of an acute remedy or an antimiasmatic remedy will develop a clear picture indicating a deep-acting remedy.

In a few cases, even when the totality of symptoms points to the correct constitutional remedy, the patient does not respond satisfactorily until a suitable antimiasmatic remedy is given as an intercurrent remedy to overcome the miasmatic block.

Along with the diagnosis of the constitutional remedy, we should assess the patient's receptivity and choose the potency accordingly. In cases where the drug is indicated through the most peculiar and characteristic symptoms in a higher degree of simillim, we should prefer higher potencies.

Common symptoms along with a little simillim at a deeper level should opt for lower to medium potencies.



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#### SUMMARY

In this research, an effort was made to show the benefit of studying a particular disorder. This research suggests that we can be perfect in the treatment of patients if we study the individual condition, especially with its various aspects and relation to other diseases, the distinction is easy when we know the development of the symptoms of the disease and compare it with the development of the patient.

In a detailed study of hemorrhagic problems, it was found that Homeopathic remedies have been extensively tested and proven time and time again for their clinical efficacy. No homeopath can run a clinic without using constitutional homeopathic remedies in appropriate cases and obtaining the most rewarding results in both acute and chronic cases.

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## Effectiveness of Calendula Mother Tincture in Injury

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### Abstract :

As several Indian people report allergic conditions to antiseptics and adverse effects of antiseptics, researchers recognize the importance of exploring alternative external application to wounds for effective healing. The line of treatment in modern medicine is antiseptics. The use of antiseptics in the treatment of disease or surgery is a means by which the normal receptivity of the individual is impaired or destroyed. The destructive effect of antiseptics also occurs on Irving tissue cells and phagocytes, leukocytes of the host. By destroying these bodies, he destroys the physical basis of life itself. That is, a threat to the life of an individual. Thus, there is a need to study the efficacy of homeopathic medicines in such a disorder. Our homeopathic medicines are not only economically feasible but also have no side effects besides they can control and treat injuries more effectively.

**Keywords:** Injury, Calendula, Mother Tincture, Homeopathy, Homeopathic Pharmacy.

### Introduction:

However, the composite family has its own distinctive causes, obstacles and symptoms that make it unique. The composite family includes approximately 60 homeopathic medicines including

ABROT, Absin, Ambro, anth, anth-c, ARN, Art.v., Bell-p, Blum-o, brach, calen, card-b, cardus-m, cent, CHAM, chrysan, cich, CINA, cyma, echin, Echin-p, erich, erig, esp-g, eup-a, eup-p, eup-pur, galin, ganaph, gin, gua, Hella, inul, lact, lact. c, Parth, polym. Pyce-o, pyre-p, pyre-r, sant, senec, senec-j, senecm, siphly, solid, tanae, Taeax, tus-f, tus-fa, tus-p, vern.a. WYF, xanehi, xanth,

Many composites are noxious weeds: sow thistle, thistle, blackthorn, Regicides, Ambrosiapollen is the leading cause of hay fever in the continental US. Sunflower is one of the major oil crops in the world, lettuce endive artichoke and chicle are some of the other nutritious plants in the family.

In general, many composites are used as herbal medicines all over the world. In Europe, Arnica has been used for centuries in wound healing. In Africa, veronica amygdalin is used by humans and chimpanzees against intestinal parasites. In Mexico, over 200 species of the family are used in folk medicine. Powdered remains of Antheridia, probably as an insecticide, were found in the abdominal cavity of the mummy of Ramesses II.

Many composites are important garden ornamental chrysanthemums, crown daisies, oxeye daisies, marigolds, cosmos, star marigolds, goldenrod, dahlia, dahlia. The positive thing is that plants can not only be highly sensitive to their environment, but also have the ability to bounce back, show resilience and grow back to help heal similar human injuries.

### Review of Literature:

Composite Family Remedies in Homeopathy-

It is one of the largest families in our Materia medica. There are 60 remedies mentioned in our MM. They are annual or perennial herbs, shrubs and rarely trees. There are 900 genera and 19,000 species of this family.

The uniqueness of the family is that what appears to be a single flower is actually composed of many florets. Therefore, the family name is compound. These florets are arranged in discs like a flower head or receptacle in a concentric manner, enclosed in whorls of whorl-like bracts of modified leaves.

Flowers composed of many individual florets that are of two types. Regular or disc florets Irregular or ray florets - disc florets form the central disk of the short flower and ray florets form the outer petals.

All plants are characterized by a strong aromatic smell, either pleasant or pungent.

Bitterness is the predominant characteristic of these plants



Active principles

Hydrocarbons, alcohols, phenolic esters, acetone, acids, esters, sugars, starch, resins, glycosides, alkaloids

### **IMPORTANT GROUP REMEDIES**

Because the group is one of the largest families, drugs can be studied in groups

1. Group of injuries
2. Cramp group
3. GIT& GUT group
4. Cichoriaceae family
5. Fever group

### **INJURY GROUP:**

1. Arnica Montana
2. Bellis Perennis
3. Calendula officinalis
4. Cineraria maritima
5. Erigeron canadensis
6. Achillea millefolium

### **CRAMP GROUP:**

1. Abrotanum (Artemisia Abrotanum)
2. Absinthium (Artemisia Absinthium)
3. Artemisia vulgaris
4. Cina maritima (Artemisia maritima)
5. Chamomile
6. Tanacetum vulgare

### **GIT AND GUT GROUP:**

1. Brachyglottis
2. Cardus marianus
3. Cardus Benedictus
4. Senecio
5. Senecio Aureus
6. Gnaphalium
7. Inula
8. Solidago
9. Tussilago Farfara.
10. Tussilago Fragrans.
11. Tussilago petasites

### **CINCHORACEAE GROUP:**

1. Chicory



2. *Lactuca virosa*
3. *Taraxacum*
4. *Liatris spicata*
5. *Lapsana communis*

#### **FEVER GROUP:**

1. *Eupatorium Aromaticum*,
2. *Eupatorium Perfoliatum*,
3. *Eupatorium Purpureum*
4. *Helianthus Anuus*,
5. *Parthenium Hysterophorus*
6. *Pyrethrum Parthenium*.

#### **ANOTHER IMPORTANT FIX:**

- Echinaceae Angustifolia*.
- Echinaceae Purpurea*
- Wyethia*
- Grindelia*.
- Guaco*.

Area of action and pathophysiological action:

- 1) Blood relaxation and weakening of capillaries - stasis - extravasation - capillary discharge - ecchymosis - internal bleeding.
- 2) Muscles and soft connective tissue - inflammation, pain, lame, bruised feeling

#### **GENERAL METHODS:**

deterioration

Touch, glass, movement, damp cloudy weather, cold air, injury, drink, evening, night, music and suppressed discharges. Sensitive to cold air

Reclamation

Continued movement, rest, lying on stomach, better after discharge, profuse sweating.

#### **INJURY**

An injury, also known as physical trauma, is damage to the body caused by an external force. This can be caused by accidents, falls, blows, weapons and other causes. Major trauma is an injury that has the potential to cause prolonged disability or death.

In 2013, 4.8 million people died from injuries worldwide, up from 4.3 million in 1990. More than 30% of these deaths were from traffic injuries. In 2013, 367,000 children under the age of five died from injuries, down from 766,000 in 1990. Injuries account for 9% of all deaths and are the sixth leading cause of death worldwide.

#### **CLASSIFICATION**

- mechanism of injury;
- objects/substances causing injury;
- place of occurrence;
- activity during injury;
- the role of human intention; and add-on modules. These codes allow the identification of injury distribution in specific populations and the identification of cases for more detailed investigation of causes and prevention efforts.



### ***DIFFERENT TYPES OF OPEN WOUNDS***

There are four types of open wounds that are classified depending on their cause.

#### ***Abrasion***

Abrasion occurs when your skin rubs or scrapes against a rough or hard surface.

Road rash is an example of abrasion. There is usually not much bleeding, but the wound should be scrubbed and cleaned to prevent infection.

#### ***Market blow***

A laceration is a deep cut or tear in your skin. Accidents with knives, tools and machines are a common cause of lacerations. In the case of deep lacerations, bleeding can be rapid and extensive.

#### ***To pierce***

A puncture is a small opening caused by a long pointed object such as a nail or needle.

Sometimes a bullet can cause a stab wound.

Punctures may not bleed much, but these wounds can be deep enough to damage internal organs. If you have even a small puncture wound, see your doctor to give you a tetanus shot to prevent infection.

#### ***Avulsion***

An avulsion is a partial or complete detachment of the skin and underlying tissue.

Avulsions usually occur in violent accidents such as crush accidents, explosions, and gunshots. They bleed hard and fast.

### ***ABRASION***

An abrasion is a type of open wound that is caused by the skin rubbing against a rough surface. It may be called a scratch or abrasion. When the abrasion is caused by the skin sliding on hard ground, it may be called road rash.

Abrasions are very common injuries. They can range from mild to severe. Abrasions most often occur on:

- elbows
- knees
- shins
- ankles
- upper limbs

Abrasions can be painful because they sometimes expose many nerve endings in the skin. However, they usually do not cause much bleeding. Most abrasions can be treated at home.

Abrasions are usually not as serious as lacerations or cuts. These are cuts that usually affect the deeper layers of the skin. They can cause heavy bleeding and require medical attention.

#### ***Different degrees of abrasions and their symptoms***

Abrasions can range from mild to severe. Most abrasions are mild and can be easily treated at home. However, some abrasions may require medical treatment.

#### ***First degree abrasion***

First-degree abrasion involves superficial damage to the epidermis. The epidermis is the first or most superficial layer of the skin. A first-degree abrasion is considered mild. It won't bleed.

First-degree abrasions are sometimes called scratches or abrasions.

#### ***Second degree abrasion***

A second-degree abrasion results in damage to both the epidermis and the dermis.

The dermis is the second layer of skin, just below the epidermis. A second-degree abrasion may bleed slightly.

#### ***Third degree abrasion***

A third-degree abrasion is a severe abrasion. It is also known as an avulsion wound. It involves rubbing and tearing the skin to a layer of tissue deeper than the dermis.



Aversion can bleed profusely and require more intensive medical care.

Treatment of abrasion at home

A first or second degree abrasion can usually be treated at home. Abrasion care:

1. Start with washed hands.
2. Gently clean the area with cool to lukewarm water and mild soap. Remove dirt or other particles from the wound using sterilized tweezers.
3. For mild scratching that does not bleed, leave the wound uncovered.
4. If the wound is bleeding, use a clean cloth or bandage and apply gentle pressure to the area to stop the bleeding. Elevating the area can also help stop the bleeding.
5. Cover the bleeding wound with a thin layer of a topical antibiotic ointment such as Bacitracin or a sterile anti-moisture ointment such as Aquaphor. Cover it with a clean bandage or gauze. Clean the wound gently and change the ointment and bandage once a day.
6. Watch the area for signs of infection, such as pain or redness and swelling.

Most minor abrasions heal quickly, but some deeper abrasions can lead to infection or scarring.

It is important to treat the wound immediately to reduce the risk of scarring. Make sure the wound is clean. Avoid tearing at the affected area as it heals.

One of the most serious side effects of any open wound is infection.

Symptoms of infection include:

- a wound that does not heal
- painful, irritated skin
- foul smelling discharge from the wound
- green, yellow or brown pus
- fever that lasts more than four hours
- a hard, painful lump in the armpit or groin area

#### TINCTURE OF MONTHLY

Alcohol preparations in homeopathy are called tinctures. The mother tincture of Cinnamomum zeylanicum was prepared by macerating 100 g of coarse powder (40 mess) of Cinnamomum zeylanicum with 95 v/v% alcohol in 1000 ml of the mother tincture for eight days (medicinal strength 1/10).

Calendula tincture is used

It is also used to treat sore throats and mouths, menstrual cramps, cancer, and stomach and duodenal ulcers. Calendula is also used for measles, smallpox and jaundice. Calendula is applied to the skin to reduce pain and swelling (inflammation) and to treat poorly healing wounds and leg ulcers.

Dilute one part tincture to three parts chilled boiled water and apply this strong lotion frequently to cold sores as soon as they appear, or use an ointment. At the same time, take a suitable internal medicine. Use an ointment, cream, or lotion to heal wounds just as you would Calendula or St. John's wort alone.

Calendula is used topically for its anti-inflammatory and mild antimicrobial (antiseptic) properties.

Treats skin irritation naturally with calendula cream. It helps promote healing of cuts, scrapes, abrasions, minor burns and sunburns. The hydrating texture of Calendula Cream is ideal for use on dry or chapped skin. ... Calendula cream is paraben-free and works naturally with your body.

Calendula is a common herbal remedy for thrush, diaper rash, athlete's foot, and ringworm. ... Licorice root contains 25 fungicidal compounds, more than any other herb, yet it is not known as an anti-fungal herb.

Additionally, this herb, high in flavonoids, can help reduce inflammation and speed up the healing process. ... You should consult your doctor to make sure that calendula is safe for you to use during wound healing and that calendula is not intended or recommended as a substitute for modern wound care dressings.

Calendula is also mildly astringent, antimicrobial and antiviral. This herb removes moisture from inside and outside. ... You can use calendula tincture, tea or juice squeezed from a fresh plant internally. The dosage of the tincture is 25-75 drops 1-4 times a day.

Calendula is also used for

- Anal fissures
- Diabetic foot ulcers



- Gingivitis
- Otitis media
- Decubitus ulcers
- Radiation dermatitis
- Vaginal candidiasis
- Wound healing
- Diaper rash
- Acne
- exfoliative cheilitis (peeling of the lips)
- Vaginal atrophy
- Hemorrhoids
- Conjunctivitis
- Gum disease

Calendula is a plant. The flower is used to make medicine.

Calendula flower is used to prevent muscle spasms, start menstruation and reduce fever. It is also used to treat sore throats and mouths, menstrual cramps, cancer, and stomach and duodenal ulcers. Calendula is also used for measles, smallpox and jaundice.

Calendula is applied to the skin to reduce pain and swelling (inflammation) and to treat poorly healing wounds and leg ulcers. Also applied to the skin (used topically) for nosebleeds, varicose veins, hemorrhoids, inflammation of the anus (proctitis), ear infection, gum disease, peeling lips (exfoliative cheilitis), diaper rash, vaginal yeast infection, and eyelid inflammation (conjunctivitis). Calendula essential oil is used as an insect repellent.

Do not confuse marigolds with ornamental marigolds from the genus *Tagetes*, which are commonly grown in vegetable gardens.

Chemicals in calendula are thought to help new tissue grow in wounds and reduce swelling in the mouth and throat.

#### IMPORTANCE-

- Anal fissures (anal fissures). Early research suggests that applying calendula to the affected area may reduce pain in people with anal tears that do not respond to treatment with sitz baths and the drug nifedipine.
- Diabetic foot ulcers. Early research shows that using calendula spray in addition to standard care and hygiene can prevent infection and reduce odor in people with long-term diabetic foot ulcers.
- Diaper rash. Some early research suggests that applying calendula ointment to the skin for 10 days improves diaper rash compared to aloe gel. However, other early research shows that applying calendula cream does not improve diaper rash as effectively as bismonic solution.
- Peeling of the lips (exfoliative cheilitis). Early research shows that using calendula ointment for 15 days can help stop chapped lips.
- Gingivitis. Early research shows that rinsing your mouth with a specific calendula tincture for 6 months can reduce plaque, gingivitis, and bleeding by 10% to 18% compared to using water to rinse. Other early research shows that rinsing your mouth with a combination mouthwash containing calendula, rosemary and ginger for 2 weeks reduces plaque, gingivitis and bleeding compared to a placebo mouthwash. In fact, the combination mouthwash seems to work as effectively as the chlorhexidine mouthwash.
- Insect repellent. Applying calendula essential oil to the skin does not seem to repel mosquitoes as effectively as DEET.
- Ear infection (otitis media). Early research shows that applying a specific product containing fenugreek, garlic, calendula and St. John's wort to the ear for 3 days reduces ear pain in children and adolescents with ear infections.
- Decubitus ulcers. Early research shows that using a specific calendula product may improve the healing of long-term pressure ulcers.
- Inflammation of the skin due to radiation therapy (radiation dermatitis). Early research suggests that applying calendula ointment to the skin may reduce radiation dermatitis in people receiving radiation therapy for breast cancer. However, other early research shows that using calendula cream is no different than petroleum jelly for reducing radiation dermatitis.
- Thinning of the vaginal wall (vaginal atrophy). Early research suggests that applying a gel containing calendula, Lactobacillus sporogenes, isoflavones, and lactic acid to the vagina for 4 weeks reduces symptoms of vaginal atrophy, such as vaginal itching, burning, dryness, and pain during intercourse.
- Vaginal yeast infection. Early research shows that applying calendula cream internally and diluted mother calendula tincture with warm water in the vagina for 7 days does not treat yeast infections as effectively as clotrimazole cream.



- Leg ulcers. Early research shows that applying calendula ointment and motherwort to the skin speeds the healing of leg ulcers caused by poor circulation.
- Wound healing. Early research shows that applying calendula ointment and mother's tincture along with usual care does not improve healing of a vaginal surgical incision during childbirth.
- Cancer.
- Fever.
- Hemorrhoids.
- Muscle cramps.
- Bleeding from the nose.
- Menstruation support.
- Treatment of pain in the mouth and throat.
- Varicose veins.
- Other conditions.
- Calendula Officialis Homeopathic first aid medicine

• Calendula. Calendula, is another member of the Composite family. Like our friends *Arnica Montana* and *Bellis perennis*, and it is a remedy that has so many wonderful uses. I would make sure that all mothers and fathers were familiar with this medicine if I could. This medicine is a true friend of children and everyone else. Here is a list of some of its uses:

• 1) For falls, lacerations and septic wounds. *Calendula Officialis* is a great homeopathic antiseptic. Bacteria do not thrive in the presence of marigold. *Calendula* will draw out impurities that are deep in the wound. Apply *calendula* topically to all wounds where the skin is broken.

Even with topical *calendula*, if the wound starts to look infected, take *calendula 30C* internally and the wound will heal quickly, as I witnessed with my oldest son and his falls. Just recently my husband was knocked off his bike by our dog Sarah and got a pretty bad cut on his leg. We applied *Calendula* topically to the wound, but even after two days there was a bright red area around the wound, so I gave him a dose of *Calendula 30C* Internally and the wound healed beautifully in a day or two.

• Calendula is listed in my repertoire for painful wounds, non-healing wounds, chronic wound sequelae, wounds that tend to open and re-heal, dissecting wounds, suppurating wounds, gangrenous wounds, gaping wounds, wound inflammation, neglected wounds, purulent wounds and lacerations, lacerations or lacerations. You see, *Calendula* and wounds are best friends.

• Calendula prevents premature scab formation at the wound site and stimulates the growth of epithelial cells. It keeps the healing substances actively acting on the site until the wound heals. This helps inhibit scarring and infection.

Avoid frequent dressing changes, as this interferes with the healing process and causes a scab to form too soon, which can result in scarring. Remember, when cleaning a wound, always clean from the outside of the wound.

• 2) Gunshot wounds. *Calendula* prevents suppurating and infection of gunshot wounds. I hope the hospital staff will give you an internal dose of *calendula* for this and also apply it topically to the wound.

• 3) Diaper rashes. *Calendula* is very helpful in healing baby diaper rash. If the rashes are severe, please see a professional homeopath as the child may need constitutional medicine.

• 4) Promotes healthy tissue granulation and prevents peritonitis after surgery. I always recommend my clients undergoing surgery to use *Calendula 30C* or *200C* after taking *Arnica*, *Staphysagria*, *Hypericum* and other pain relievers and healing agents to help complete wound healing and prevent infection. *Calendula* helps prevent keloids. I can't imagine going through surgery without having this drug as insurance.

• 5) Supports healing after dental procedures. I always recommend to my clients to apply a poultice of a few drops of *calendula* tincture dissolved in warm water to the bed of a tooth that was removed during a tooth extraction or to the eye where dental work was performed to promote healing, prevent infection and provide soothing relief. It also helps stop bleeding.

• 6) Soothing relief during and after childbirth. Compression *Calendula* tincture, dissolved in warm water and applied to the perineum during and after childbirth, can be very soothing and healing to the laboring mother.

• 7) *Calendula* helps in maturation and healing of abscesses. □

• 8) *Calendula* helps relieve the pain and fever of carbuncles.

• 9) I read in Clark's dictionary that *calendula* tincture applied to a hot poultice can help with pneumonia and other internal inflammations.



*•In summary, calendula is great to have at home in many forms, as a cream, in tincture form and as an internal homeopathic remedy. Please remember Calendula as a favorite topical application of homeopaths for wound dressings.*

## DISCUSSION

The use of antiseptics in the treatment of disease or surgery is a means by which the normal receptivity of the individual is impaired or destroyed. The destructive effect of antiseptics also occurs on living tissue cells and phagocytes, leukocytes of the host. By destroying these bodies, he destroys the physical basis of life itself. That is, a threat to the life of an individual. Thus, there is a need to study the efficacy of homeopathic medicines in such a disorder. Our homeopathic medicines are not only economically feasible but also have no side effects besides they can control and treat injuries more effectively.

The study was conducted at the IPD and OPD Hospital attached to the Post Graduate School of Homeopathic Medicine. All cases were randomly selected from OPDs with complaints irrespective of diagnosis.

After sampling, all cases were prescribed a homeopathic constitutional remedy with mother tincture of calendula, it was carried out according to the principles of homeopathy

This study shows that the prevalence of male to female ratio, male cases were 16 (53%) and female 14 (47%)

The age group included in the study showing the age group above 41-60 years had the maximum number of cases 18 (60%), 21-40 years of the study population was 6 cases (20%) and the age group 01-20 years. there were 6 cases (20%).

As for miasm, there were 13 (44%) psoric cases, 07 (23%) sycoitic cases and 10 (33%) syphilitic cases. The predominant miasma was psoric.

The result of the study after homeopathic medication, after administration of constitutional homeopathic and calendula tincture in 30 cases 24 The patient showed good improvement and relief, i.e. in 80%. Some patients showed slight improvement and there were 3 patients with a 10% score of patients in the study. Among the patients who did not improve after the homeopathic constitutional medicine, there were 3 patients with a rating of 10% of the study population.

## CONCLUSION

After the literature study, clinical studies, data collection, data classification, data presentation and data analysis in the dissertation "Efficacy of Calendula Tinctures in Wounds" it is time to conclude several interferences found from the study.

1. Composite mother tinctures have been widely used in many injuries.
2. The mother tincture of the composite family was useful for various types of injuries, skin burns, injuries caused by various diseases, such as injuries caused by constipation, i.e. anal fissures, etc.
3. Overall, according to the effectiveness of the composite mother tinctures in the wound, 24 patients achieved good improvement, 3 achieved moderate improvement and 3 patients achieved poor improvement.
4. Composite mother tinctures were effective, safe, easy to consume, readily available and cost effective.
5. No complications or adverse drug reactions were observed during the study through composite mother tinctures.

In conclusion, it can be concluded that the homeopathic management of the wound treatment with calendula tinctures was effective.

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## Utility Of Lm Potency In Day Today Practice In Homeopathy

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### Abstract :

Homeopathic consultation as an ideal model of general practice, the modern history of general practice is marked by extensive professional rhetoric that emphasizes the centrality of the interpersonal relationship between doctor and patient. In this context, the incorporation of homeopathy into common practice can be viewed in many ways. The drugs prescribed in the drug system are prepared by defined pharmaceutical procedures according to monographs contained in standard homeopathic pharmacopoeias and are used to treat a wide range of disorders. Homeopathic pharmacy as a field of research is very important to ensure the quality of homeopathic medicines, which doctors use for successful practice. Therefore, it is important to ensure accuracy in the preparation of medicines, especially in terms of their quality.

The study provides information on the effectiveness of homeopathy in all diseases treated in day today practice.

**Keywords:** LM Potency, Remedy, Homeopathy, Homeopathic Pharmacy

### Introduction:

Homeopathy is based on "natural laws" and is as fundamental and eternal as the sun and the moon. It is a branch of medical therapy based on certain fundamental principles.

Homeopathy emphasizes the study of the effect of medicines on healthy human beings, because homeopathy recognizes that it is thanks to the knowledge of their effect on humans that we can find the correct perception of their applicability in case of illness.

The drugs prescribed in the drug system are prepared by defined pharmaceutical procedures according to monographs contained in standard homeopathic pharmacopoeias and are used to treat a wide range of disorders.

Homeopathic pharmacy as a field of research is very important in ensuring the quality aspect of homeopathic medicines that doctors rely on for successful practice. Therefore, it is important to ensure accuracy in the preparation of medicines, especially in terms of their quality.

One of the misconceptions we hear from our patients is that "homeopathy takes a long time to work". For chronic conditions it is fine but for acute conditions people preferred to go to an allopath and get treated. After treatment by an allopath, a patient with an acute episode is brought back to a homeopath for a complete cure by boosting immunity, and so homeopathic treatment continues to survive with the common belief that homeopathy is safe and good for boosting immunity and a complete cure.

Hahnemann wanted to speed up the treatment as much as possible in this time frame. All his life he experimented with the aim of improving the homeopathic system of medicine for the benefit of the patient. He felt that his great discovery was LM potency.

### Review of Literature:

The 50 millesimal scale or LM potency was introduced by Dr. by Hahnemann in the 6th edition of the Organon of Medicine in aphorism 2701. Potencies prepared by this method are named Dr. by Pierre Schmidt as "50 millesimal potency", as a material component of the drug, is said to decrease 50,000 times for each degree of dynamization.

In India and Bangladesh, the potency prepared by this scale is indicated as 0/1, 0/2, 0/3 and m/1, m/2, m/3, etc. In the West, it is indicated as L/0, 2/0, 3/0 etc. Numerator "0" symbolically represents the poppy-sized globule used in each dynamization.

To achieve LM1 potency, dissolve 60 mg of the 3c trituration of the substance to be potentiated in 20 mL of 15% ethanol. Transfer 1 drop of the solution to a small vial, add 2.5 ml ethanol 86% and shake thoroughly 100 times. Moisten 100 g of granules of size 1 evenly with the solution, after impregnation in a closed container, the granules are air-dried, they represent a potency of LM.

Dr. R. P. Patel: I have tried Hahnemann's method of administration and my own ways and I am always successful. The easiest way according to my observations that I found is:

A. Prepare one dose in 2 grains of sugar of milk with 2 pills (No. 10) of the selected potency of the chronic disease remedy.



b. Dissolve 2 pills or even 1 pill (No. 10) of the selected potency of the selected remedy in one ounce of water and ask the patient to take a teaspoonful or 10 drops or one dram in ½ ounce of water every ½ or ⅓ to 1 hour after mixing, according to the severity of the disease. In chronic cases, once a day.  
 c. Dissolve one dose (2 pills) of the selected potency of the indicated drug in one ounce of water and, after mixing, ask the patient to take ½ ounce in the morning and half an ounce in the evening, in moderate cases where there is no immediate danger.

Dr. Hahnemann: For the same reason, the dose of homeopathic medicines is increased the amount of liquid in which it dissolves when administered to the patient, although the actual amount of the drug remains the same. For in this case, when the drug is taken, there is a much larger surface area of sensitive nerves responding to the medicinal effect. Although theoreticians may imagine that the effect of the drug should be weakened by diluting it with a large amount of liquid, experience says just the opposite. In all cases where medicines are used homeopathically.

Dr. Hahnemann: But chronic diseases, on the other hand, a single dose a properly chosen homeopathic remedy sometimes completes even with a slowly progressive improvement and provides help with such a remedy in such a case can naturally be achieved within 40, 50, 60, 100 days. However, this is rarely the case; besides, it must be of great importance to both doctor and patient that if possible this time should be reduced to a half, a quarter, or even less, so that a more rapid cure may be obtained. And this may very happily be effected, as I have lately and oft-repeated observations thought, under the following conditions: firstly, the medicine selected is at most perfectly homeopathic; secondly, if it is highly potentized, it is dissolved in water and administered in small doses as experience as the most convenient and definite intervals to effect the cure as quickly as possible, but with care that the degree of each dose should be somewhat they deviate from the previous and the followings.

"what did I say in the 5th edition of the Organon, by a long trace not in this paragraph, to prevent the unwanted reaction of the vital energy of all the experience I justified then? But within the last four or five years all difficulties have been completely solved by my new modified but improved method."

Dr. Hahnemann: since I last addressed the public (beginning of 1834) so far as our healing art is concerned, I have had other things to obtain the best possible method of administering doses of the medicine to the patient, and I hereby communicate what I have found best in this respect 6.

Dr. Hahnemann: "experience has shown me how undoubtedly most of them my followers that it is most useful in diseases of any magnitude. To give the patient a strong homeopathic pellet or pellets in solution, and this solution in divided doses, in this way we give the medicine dissolved in seven to twenty table spoonful's without addition, in acute and very acute disease every six, four, or two hours; where the danger is urgent, at that time a table-spoonful every hour, every half hour, for debilitated persons and children only a smart part of a table-spoonful can be given as a dose (one or two table-spoonfuls.) In chronic cases, it is best to administer a dose (e.g. a teaspoon) of a suitable medicine at least every two days, more often every day."

## FIFTY MILESIAMAL SCALE

This scale was introduced by Hahnemann in Aphorism 270 6th edition of the Organon of Medicine, published in 1921. Hahnemann called it - "Revived dynamization".

Dr. Pierre Schmidt and Dr. Charles Pahud popularized this method. Since the publication of the French translation of the 6th edition of the Organon by Pierre Schmidt of Geneva and his articles in the British Homeopathic Journal, July - October 1954: "The Hidden Treasures Of The Last Organon", the attention of homeopaths has been drawn to these changes. Pierre Schmidt called these potencies the "fifty millesimal potencies".

Potencies prepared according to this method are designated by the prefix "0," symbolically representing "medicaments au globule," or by the letters "LM," representing "fifty millesimals."

• 0/1, 0/2, 0/3, ... 0/30 [in India and Bangladesh]

## PREPARATION OF DOSE FOR LM POTENCY

In the 6th edition of the Organon of Medicine, Hahnemann mentions the preparation of an aqueous solution of LM potency. The basic reason for using a medicinal solution is to make it easier to adjust the dose of the drug to the sensitivity of the constitution.

The preparation of the medicinal solution for administration is as follows

1. Take 1 globule of the desired potency and place it in a clean bottle. Take 4 oz. distilled water. Add a small amount of pure alcohol as a preservative and stabilizer. This medicinal solution is now ready for use.
2. Just before swallowing, aspirate the bottle 8, 10 or 12 times, depending on the sensitivity of the patient. This slightly increases the effectiveness and activates the medicine.
3. Take 1 or 2 teaspoons of the healing solution and place it in a 4 oz. water and mix. In most cases, start with 1 teaspoon and increase the amount only if necessary. This is the first dose. Discard the rest.
4. Each dose of the medicinal solution of each potency is applied in the same way. In case of any deterioration of this dose, further administration is discontinued and the deterioration is allowed to settle. If the same drug is indicated, then it is now given by diluting the drug in a 2nd, 3rd or 4th glass of distilled water to make the dose as safe and harmless as possible.
5. Prepare the 3C potency solution by adding 100 mg of the third potency to 50 ml of a mixture of purified water and alcohol dosage prepared by taking 4 parts of purified water and 1 part alcohol dosage. This is called the "parent solution".
6. Mix one drop or part of this mother solution with 100 drops or part of dosing alcohol to make 100 strong injections. This makes the first power of Fifty Millesimal, expressed as "0/1".

7. Soak globules of almost uniform size, of which 100 globules weigh 65 mg, in a drop of the previous potency, dry them. Take one globule and dissolve it in a drop of purified water in a new bottle. Add 100 drops of rubbing alcohol and give 100 strong suction.

For a slight increase in potency, the drug is always discontinued just before ingestion. The number of inhalations is directly related to the dynamic effect of the product at the time of ingestion. In aphorism 248, Hahnemann mentions 8 (hypersensitive), 10 or 12 (hyposensitive) as the number of installations of the solution before ingestion.



The dosage of the medicinal solution can be carefully adjusted to suit the sensitivity of the individual's body constitution. The average dose size is 1 teaspoon of medicinal solution mixed with water in a dosing glass. From this glass, the patient takes 1, rarely 2 teaspoons of the mixture. Usually start with 1 teaspoon and increase the amount only if needed. This double process of aspiration and dilution causes a considerable change in the dynamization of the drug. As succussing increases potency, diluting decreases the amount, allowing the drug to work quickly, gently, and permanently.

### Development of LM potency

After 36 years of increasing the effectiveness of centesimal drugs, Hahnemann decided to increase the dilution ratio instead. Hahnemann left the 1/100 centesimal dilution behind and began searching for a potency to fill this gap in homeopathic therapeutics.

After countless experiments, the founder decided on a dilution ratio of 1/50,000 coupled with a potency of 50 Millesimal. I have reviewed 100s of Hahnemann's cases from the LM period (1840-1843) over the past 2 years.

One of the first things one notices is that Hahnemann used both the centesimal and LM potencies in the medicinal solution with the addition of a diluting glass during these 3 years.

The LM potency is first obtained from the trituration of 3c (1:100x100x100). Another 1 grain of this trituration is placed in 500 drops to make a LM/0 solution (ratio 1 to 501).

Then 1 drop is taken from the LM/0 solution and added to 100 drops of diluted and aspirated 100x.

This becomes the LM 0/1 potency, the first tier of the LM apothecary (100x100x100x500x100x500 = LM 0/1). The C's of the 5th Organon (1833) were made with 10 indentations by hand, although many modern potencies are made with 10 to 40 or more indentations by machine.

As for the amount of original medicinal power in LM 0/1, it is a similar amount found in the 6c potency, although its healing abilities are greatly expanded due to the larger dilution medium. A mere comparison of the amount of original substances found in C and LM potencies does not show differences in their intrinsic healing properties. The LM pharmaceutical solution is then used to moisten 500 small poppy-sized pellets. One LM 0/1 pellet is further diluted to a minimum of 3 and 1/2 oz to create a medicinal solution. After absorption, 1, 2 or 3 teaspoons are taken from the medicinal solution and further diluted in a glass for diluting water.

From this dilution glass, 1, 2, 3 teaspoons are given to the patient as a dose. The final liquid batch was diluted two more steps than the dry batch. The final amount of parent substance administered to the patient is more diluted than dry pill because it was dissolved in a medicinal solution and stirred into the diluting glass.

This final amount of the original substance in the teaspoon of solution given to the patient still needs to be calculated into the equation.

### Preparation

Take a new clean 5ml dropper bottle (eye milk bottle) and put one or two pellets of the desired LM calculus potency into it. Then add a few drops, say three to five drops of rubbing alcohol for preservation and stabilization purposes, then fill the bottle with clean boiled and cooled water. The dosing solution is now ready for use. This healing solution can be used according to the intensity and necessity of the condition.

### Management

For acute and chronic conditions, apply 2 drops directly to the tongue. In very urgent cases, apply the drops sublingually.

For even greater effectiveness, add two drops of the solution to a teaspoon of clean water and serve. This can cause the medicine to touch more nerves in the tongue instead of taking two drops directly. However, the effectiveness of this method is still being monitored. It is recommended to aspirate the medicinal solution 8, 10 or 12 times according to the sensitivity of the patient (8 times for a very sensitive patient, 10 times for a less sensitive patient and 12 times for the least excited and sensitive patient).

### Repetition

- Very urgent cases - take the medicine every hour or more often.
- Acute illness – the drug is repeated every two to six hours.
- Chronic disease – the drug is repeated daily or on alternate days.

### Measures

To achieve the effectiveness of LM potency in full swing, take care of the following:

- Start the treatment from the lowest possible degree of potency and gradually increase the potency higher.
- Never mix or alternate more than one medication at a time, instead use only one medication.
- Use a new bottle for each new dose and potency.
- Protect the product from strong smelling substances, extreme heat and cold.
- Never store the medicine in the refrigerator.
- Keep at least an hour gap between the medicine and the food you have to take.



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### Advantages

- The total amount of drug is reduced compared to conventional LM delivery type.
- The end result is the minimum amount of drug and the maximum effect of the drug.
- Very convenient and simple method of dosing and consumption.
- As effective as conventional LM dosage type.
- It is safely used in all types of diseases, whether acute or chronic forms.
- Equally effective in all age groups and in both sexes.
- Pleasant smell and taste, everyone likes to consume.
- The medicinal effect begins as soon as the medicine touches the tongue.

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### Disadvantages

1. Medicines must be administered in liquid form to avoid the decomposition of water and rectified alcohol.
2. Standard quality bottle and cork are necessary for long-term preservation of medicinal solution.
3. Repeated administration of a partially indicated drug may bring relief from the main complaints of the patients, but the overall condition of the patient will not improve, because the dose of the drug will not cover the underlying cause and the sum of the symptoms.
4. In a simple and uncomplicated chronic disease of dynamic pathology, it is easier to observe the effect of the drug by administering a single dose of centesimal potency. But that's not possible with medicine of the 50 millesimal potency scale.
5. The complexity of the way to take the drug and the regulation of the so-called deterioration, even if very mild, lead to a lack of enthusiasm in many of us.

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